Year 10 Water Dive Training and Snorkelling Camp

On April 2 and 4, Year 10 Outdoor Education class headed down to Bawley Point to undertake their Open Water Dive Training and snorkelling camp. Over the three days students familiarised themselves with the underwater environment and all the students became proficient snorkelers and scuba divers by the end of the camp. Highlights were jumping off the gantry five metres into the water, snorkelling at Murray’s Beach at Jervis Bay and the boat dive out from Ulladulla for the scuba divers. A big thank you to all of the students and staff who attended for a fun filled action packed camp.

Mr Dunnet
From the Principal

Welcome back to Term 2. I do hope everyone had an enjoyable school break and an opportunity to re-energise ready for what is sure to be another busy term.

We had a wonderful start to our second week of term with a Running Festival held at Stromlo Forest Park. This is the first time, to my knowledge, that we have had a whole day event. Cross country, a walkathon and some great musical entertainment were part of the event. While winter weather is certainly with us, we were very lucky with the weather on the day and had very high numbers of students attending. Congratulations to Lisa Price and her team and all other staff who made this great day possible. We are all determined to make it a regular event on our school calendar.

Year 7 Enrolments 2015

This week we had an Open Night for our prospective Year 7 enrolments for next year and information sessions for our Band, SEAL and LEAP programs. If you have younger siblings wanting to enrol in our school, or if you know of other families wanting to enrol, the school’s website is a great source of information: www.lynehamhs.act.edu.au. There are many important deadlines and procedures to follow. If you have any questions, don’t hesitate to ring reception and ask for assistance.

There is a great deal of interest in our school for next year and it was exciting to see so many parents and students attending our information sessions. A big thank you to all staff involved, and particularly to Barbara Monsma who coordinated these events.

I also thoroughly enjoyed seeing our Year 10 Band perform at the Open Night and also at a concert for Year 6 students from our local schools. Many thanks to all of the guides, helpers, presenters and performers who contributed to these major events. I am very proud of the students of this school and of the pride they demonstrate in our school community.

NAPLAN Testing

NAPLAN (National Assessment Program for Literacy and Numeracy) is happening in Week 3 (12-15 May). NAPLAN provides us with useful information about students’ literacy and numeracy skills and needs. If you have a child in Year 7 or Year 9 please encourage them to do the best they possibly can without becoming stressed or concerned. NAPLAN is important to us because it gives us information about where to focus our resources. Please also make sure that students have a good breakfast on the days of testing and that they have all the equipment required. Details can be found on page 14.

A to E Reporting

As you are aware our school complies with the Australian Government requirements around A to E reporting. If you do not want your child to receive a report indicating A to E, you are able to opt out. You simply need to inform Janet Richardson in writing of your decision.
**New Staff**

We have had a small number of staffing changes over the break. I would particularly like to welcome Margie McMahon back after a period of leave. We have all missed her. Claire Hirschfeld is currently job sharing with Margie and I would like to thank Claire for all her hard work, care and expertise in managing Student Support during Margie’s absence. She did an amazing job. Toby Nicholls has returned to the Mathematics Faculty and to DARE after a period of leave – welcome back! I would also like to welcome Romana Cretnik to our front office staff. I’m sure everyone will find Romana very helpful and friendly.

Regards

Colleen Matheson

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**A Message from the Minister**

**Getting Involved in Your Child’s School is a Key to Education Success**

The ACT’s national leadership in education is founded on the quality of our schools, our teachers, and our focus on putting parents and children at the centre of everything we do.

I recently announced the *Progressing Parental Engagement in the ACT* project, an Australia-first to help parents and families get more involved with their children’s schools and education.

Simply by reading this newsletter, you are showing your interest in being involved with the education of your children. We know children do better at school when parents and families are actively engaged. After all, you are your child’s first teachers and I encourage you to maintain connected throughout their schooling.

There are many ways of doing this and, as part of the project, your school will be invited to develop innovative ideas to help you to be an active part of your school community. We will keep you updated on how the project will support you in doing this.

With your help we can ensure that your child will get the very best education, tailored for them – and that the ACT will continue to lead the nation in educating our children.

Joy Burch MLA
Minister for Education and Training
“I would love to see Languages continue to grow. We are such a multicultural school and in a multicultural society like Australia, learning languages and developing the appreciation for other cultures is really important”.

These are the words of Sharon Towner our passionate and hardworking French, English and Literacy Support teacher. As a caring and compassionate person, Sharon is determined to give opportunities for every student to improve their learning through innovative and fun lessons. Sharon’s love of learning and passion for literature are the driving forces behind her quest to pass on the love of reading to students.

Sharon has been at Lyneham for six years. She started her teaching career in the small school, Merriwa Central, which had a total of 150 students from Years 7 to 12. Before moving to Canberra in 2002, Sharon also worked at Nyngan High and Narrabri High.

When asked to recall a highlight at Lyneham, Sharon describes the World Expo held each year. She explains how great it is to see the Language students so enthusiastic about what they are studying and passing this excitement on to others.

Outside of school, Sharon enjoys spending time with her family and of course reading her way through the metre high pile of unread books.
Indonesian

National Gallery of Australia – Garden of the East
In Canberra, we are very fortunate to have the National Gallery of Australia which regularly has exhibitions of artworks from Indonesia. Currently they have an exhibition called “Garden of the East”, which showcases a huge collection of photographs taken in Indonesia from the 1850s to the 1940s. The exhibition runs until 22 June. It is a lovely place to spend the afternoon on a cold day!

ANU Film Afternoon
Several students and their families recently enjoyed an Indonesian film afternoon held at the Australian National University. “Sokola Rimba” (The Jungle School) was screened on Saturday 3 May at a family friendly event. It is a film about Indonesian anthropologist Butet Manurung who worked hard to establish a program so that students living in the jungle could also have access to education.

Guest Speakers - Australia Indonesia Youth Association
Year 8, 9 and 10 Indonesian classes recently had a visit from the Australia Indonesia Youth Association. It is an organisation run by Indonesian and Australian students studying at ANU, and they aim to promote relations between the youth of our two nations. The students spoke about their experiences of living and studying in Indonesia, and highlighted the fantastic job opportunities available to people who can speak Indonesian. They also taught us an Indonesian dance. It was great to see all students participating enthusiastically.

Open Night Thank You
We were very lucky to have a group of students who enthusiastically volunteered to showcase the Indonesian room at Open Night. The students did a fantastic job speaking to prospective Year 6 students and their parents. A very big thank you goes to Lucinda Antcliff, Sarah Percival, Laura Shelton, Molly Black, Evelyn Campbell, Ryu Callaway, Oliver Brissenden, Danny Jolley-Rogers and Giulietta Field.

Malaysia Trip
We have 20 very excited students who are counting down the weeks until the Malaysia Trip. Only eight weeks to go!

Ibu Battaglini and Ibu Idris
Indonesian Teachers
National Archives Visit

I’ve Been Working on the Railway

The untold stories and proud history of Aboriginal, Torres Strait Islander and Australian South Sea Islander people who helped build Australia’s rail network.

A number of Year 10 English classes are to visit the national Archives exhibition I’ve Been working on the Railway. These visits will take place on Monday May 12 and Wednesday May 14. Students who are in the classes studying the Social Justice unit which is addressing the Aboriginal and Torres Strait Islander perspectives of Australian curriculum are lucky to have this opportunity available to them.

Students in Ms Ashlee Wilson’s, Ms Heather Ferguson’s, Ms Lara Croucher’s and Ms Sharon Hayes’ classes are strongly encouraged to participate in this activity. It is a great opportunity to see stories about Aboriginal and South Sea Islanders’ working and living conditions over many years and in many parts of Australia.
France 2015
Meeting Friday 30 May
between 5.30pm and 6.30pm in the Library

A meeting for parents and carers of students who are interested in taking part in the trip to France from 27 June to 16 July 2015 will take place on Friday 30 May in the Library. The planned trip will include a homestay arrangement with French host families in Montpellier, excursions to sites in Southern France, visits to the Loire Valley and Normandy as well as an extensive stay in Paris to enjoy the marvellous attractions of the capital.

If you have any questions or are unable to attend this meeting please contact Sharon Hayes or Lena Britton on 6205 6413 or by email sharon.hayes@ed.act.edu.au or lena.britton@ed.act.edu.au

Poetry in Action – Incursion Activity for Years 8, 9 & 10

We are very fortunate to have the Poetry in Action team coming to present a live performance at Lyneham High School. It is a wonderful opportunity for students to see poetry brought to life. Poems are presented in a variety of ways such as comic scenes, dramatic monologues, character studies and contemporary interpretations. All students in Years 8, 9 & 10 are invited to take part.

Date: Wednesday May 21 2014 (in the school hall)
Period 3 – Year 8
Period 4 – Years 9 & 10
Cost: $10 (to be paid to the front office ASAP)
Notes are available from your English teacher

Immunisations
for Year 7, 8 and 9

Please note the dates for the next round of immunisations.

Week 5
Year 9 - Wednesday 28 May
Year 7 – Thursday 29 May
Year 8 – Friday 30 May
Tickets For Moonflower

This year’s musical production is the world premiere of an exciting contemporary musical, Moonflower. Over 120 students have been involved during semester 1 putting together what looks to be an amazing production. It will certainly be worth seeing.

The show will run from 25 – 28 June with evening shows at 7:00pm and a Saturday matinee on June 28 at 1:30pm. Tickets are $20 plus booking fee.

This year, all tickets will be on sale only on the internet. A link to the ticketing site will be on the Lyneham High School website. Tickets will not be on sale from the front office. When you go to book seats, all people booking will be able to choose their own seats and print their own tickets.

Ticket sales will open on Monday 19 May.

For any queries regarding ticket sales, please contact John Batterham via the school front office.
Run, Walk, Sing, Dance, Cheer

LHS Running Festival
Monday - Week 2

The Lyneham High School Inaugural 'Running Festival' was a great success. With up to 800 students in attendance it was truly a whole school event. We had the Cross Country running events, the walkathon, battle of the band competitions, face painting, barbeque and relay races.

All of the house points have been calculated and the winning house along with age champions will be announced at the next whole school assembly. The results are very close this year due to the large number of students participating in the activities.

Thank you to all students and staff for your involvement and enthusiasm on the day. Stayed tuned for a more detailed report with results and photos!
Faculty Concert: 12 May

This Semester’s Faculty Concert will feature all of our bands performing their eisteddfod pieces. Please see the attached timetable for arrival and departure times. We are dividing up the concert in to thirds with junior, senior and alumni bands all featuring throughout the evening. This will allow the junior students to leave once they have played. Junior students who wish to stay for the entire concert are welcome, but must be in LPAC at all times. Students are not to be wandering around the school building or grounds for any reason. The music teachers need to be inside LPAC and cannot provide supervision outside of LPAC.

All musicians should wear full band uniform. The main school building will not be open, so students will not be able to access their lockers. Please get organised before you leave school that day. A gold coin donation from audience members would be greatly appreciated.

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<th>Junior Concert</th>
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<td>Beginner 7 Concert Band</td>
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<td>7 Concert Band</td>
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<td>8 Concert Band</td>
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<td>Intermediate Jazz Band</td>
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<tr>
<td>Band</td>
<td>Arrival Time</td>
<td>Performance Time</td>
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<tr>
<td>Senior Jazz Band</td>
<td>5.45pm</td>
<td>6.15pm</td>
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<td>9 Concert Band</td>
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<td>10 Concert Band</td>
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<th>Alumni Concert</th>
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<tr>
<td>Ginninderra Wind Orchestra</td>
<td>6.20pm</td>
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<tr>
<td>Twilight Jazz</td>
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<tr>
<td>2. Lyneham High School Intermediate Jazz Band</td>
<td>3:35pm</td>
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<tr>
<td>2. Lyneham High School Senior Jazz Band</td>
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**Sunday May 25**

**Canberra School of Music**

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<tr>
<th>Event</th>
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<tr>
<td>1. Lyneham High School Year 7 Beginner Concert Band</td>
<td>1.00pm</td>
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<tr>
<td>1. Lyneham High School Year 7 Concert Band</td>
<td>2:00pm</td>
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<td>7. Lyneham High School Year 8 Concert Band</td>
<td>3:30pm</td>
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<tr>
<td>1. Lyneham High School Year 9 Concert Band</td>
<td>4:30pm</td>
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<tr>
<td>3. Lyneham High School Year 10 Concert Band (High School/College Section)</td>
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**Thursday May 29**

**Woden CIT**

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<tr>
<th>Event</th>
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<tbody>
<tr>
<td>1. Lyneham High School - The Experiment</td>
<td>3:30pm</td>
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<tr>
<td>2. Lyneham High School - Morgan and the Freemens</td>
<td>3:30pm</td>
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<tr>
<td>3. Lyneham High School - Triumvirate</td>
<td>3:30pm</td>
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<tr>
<td>4. Lyneham High School - Hancock and the Night time ensemble</td>
<td>3:30pm</td>
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<td>5. Lyneham High School - Ash Sorenson</td>
<td>3:30pm</td>
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<tr>
<td>6. Lyneham High School - Arthur and the Kings</td>
<td>3:30pm</td>
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<tr>
<td>7. Lyneham High School - Every Chance to Groove</td>
<td>3:30pm</td>
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Australian National Eisteddfod: May 22-29

Attendance is compulsory for all band students.

Venues:

**Concert Bands:** Llewellyn Hall, ANU Campus, Childers Street Acton, ACT

**Jazz Bands:** LPAC (Lyneham Performing Arts Centre) Goodwin Street Lyneham Street

**Rock Bands:** Southside Campus Auditorium, Canberra Institute of Technology, Ainsworth Street, Phillip (near Canberra Hospital in Woden). Please note that whilst we encourage students to come along to support their friends, the music teachers will be leaving after the adjudication of the Lyneham rock bands and no supervision will be provided for students who stay further into the night to hear other bands.

Upon arrival, we will meet inside the venue, mark rolls and phone students who are late. For those students who are available, it would be terrific if they could be in the audience to hear and support our other bands as well as stay for their own adjudication. In past years very few students have departed before their band’s adjudication.

**What to Bring**

- Home copies of the music.

- Instrument (cleaned and polished).

- Items such as drum sticks, mallets, spare reeds, valve oil and slide cream as necessary

**What to Wear**

Arrive in full band uniform as there is nowhere to change. For all bands this includes black trousers, black shoes and **opaque black socks** (no coloured or white shoelaces, stripes or emblems etc; no navy blue trousers; no skirts; no silver eyelets on shoes; no stockings). Band caps are not required. Hair should be neat and tidy, and jewellery and make-up kept to the bare minimum. Rock bands are not required to wear school uniform but appropriate, neat and tidy clothes are to be worn. Shirts must be worn and no item of clothing should have inappropriate words or pictures on them.

Please see the table below for arrival and performance times for each of the Lyneham High School Bands entered into the Eisteddfod.
NAPLAN 2014 at Lyneham High School

The National Assessment Program – Literacy and Numeracy (NAPLAN) will take place next week at Lyneham High School as follows.

- **Tuesday 13 May**: Language Conventions & Writing
- **Wednesday 14 May**: Reading
- **Thursday 15 May**: Numeracy
- **Friday 16 May**: A catch up day in the library
- **Year 7**: During lessons 1 and 2
- **Year 9**: During lessons 3 and 4

More details will be provided to students in Home Group.

- Students are asked to bring a pencil, eraser and sharpener to each test.
- They are also asked to bring a calculator on Thursday for one of the Numeracy tests.
- Students are strongly encouraged to eat a good breakfast and to bring a water bottle to the tests.
- Students may not eat during the tests.
- Students are not permitted to use phones, music players or gaming devices during the tests.
- A change from previous years is that students may not read a book etc after they have finished their test. Puzzles/mazes will be provided to any students who finish early.

If parents require further information they are encouraged to read the *Information for Parents* booklet found [http://www.nap.edu.au/verve/_resources/NAPLAN_2014_Information_for_parents_brochure_web.pdf](http://www.nap.edu.au/verve/_resources/NAPLAN_2014_Information_for_parents_brochure_web.pdf) (Hard copies can be provided upon request to the front office):

If parents/carers have any questions they should contact Ms Ashlee Wilson (Acting Executive Teacher of MAZE and Literacy & Numeracy).
Being Prepared for a Test – NAPLAN 2014

The night before the test

You should have a good dinner and go to bed at your normal time — not too early and not too late, as you do not want to disrupt your regular sleep pattern. Set your alarm clock the night before. Have everything ready that you need to take with you to the test so you can simply pick it up in the morning (see the list below).

On the morning of the test

Eat a good breakfast! You will have several hours of concentration ahead of you and you will need food and drink in the morning.

What to bring on the test days:
- 2 X lead pencil
- Eraser
- Pencil sharpener
- Calculator (Thursday only)
- Some extra snacks in case your brain needs a boost (for in between tests only)
- A water bottle
- A watch (if you have one)

During the test

- Stay relaxed, if you begin to get nervous take a few deep breaths slowly to relax yourself and then get back to work.
- Read the directions slowly and carefully.
- Skim read through the test so that you have a good idea how to pace yourself.
- Do the simple questions first to help build up your confidence for the harder questions.
- Don’t worry about how fast other people finish their test; just concentrate on your own test.
- If you don’t know an answer to a question skip it for the time being (come back to it later if you have time), and remember that you don’t have to always get every question right to do well on the test.
- Focus on the question at hand. Don’t let your mind wander on to other things.

NAPLAN Test Dates 2014
- 
Tuesday 13 May: Language Conventions and Writing
- 
Wednesday 14 May: Reading
- 
Thursday 15 May: Numeracy (Calculator) and Numeracy (non-calculator)
- 
Friday 16 May: catch up for people who have missed a test
Free Parent Workshop
How to Support your child with learning difficulties
at home and school with Karen Starkiss

It is estimated that up to 10% of the Australian population is dyslexic. A dyslexic child, who finds it difficult to read and write, can also suffer anguish and lack of confidence with some aspects of the school curriculum and/or when they compare themselves to their friends. Dyslexia is a learning disability, however there is so much that can be done with appropriate support and resources to help children who are dyslexic, both at home and at school.

When: Tuesday 13th May 2014
Where: Hedley Beare Centre for Teaching and Learning 51 Fremantle Drive Stirling
Time: 4.00 - 6.00pm
Room: Multipurpose Room
Presenter: Karen Starkiss
RSVP: Monday 5th May 2014 to julie.ireland@act.gov.au
for further information phone: 6207 2331

The course content includes:
- What is dyslexia and what causes it?
- How to recognise the signs and symptoms of dyslexia in children
- A dyslexic child's strengths and talents
- What does it feel like to be dyslexic? –practical sessions to help parents understand their child's difficulties
- Common questions asked by parents
- How can you support your child at home and school?
- Where to get advice and help
- Useful websites and resources for children and their parents

About the Presenter
Karen has 30 years teaching experience. In England she was Principal of one of the top performing primary schools in England despite the fact that the school had the largest number of students with significant Learning Difficulties in the region. She also lectured nationally about integrating children with dyslexia into mainstream classrooms and provided training for schools. Since she has been in Australia Karen has continued to assess and advise a number of adults and children with dyslexia and has run courses throughout Victoria for teachers about how to create a Dyslexia-Friendly school. She has also appeared in articles in The Age newspaper concerning her work with children and adults. In addition to her professional expertise and involvement, two of Karen's children are dyslexic and therefore, she has very personal experience of the problems that parents face, the frustrations and successes.
Pegasus Open Day

Equestrian Demonstrations
Delicious Food
Dutch Pancakes
Face Painting
Horse Parade
Kids Activities
Jumping Castle
Craft and Plant Stalls
Franklyn B. Paverty, Bushband

Saturday 31 May 2014, 10am - 3pm
119 Drake Brockman Drive
Holt ACT
It’s on!! Rain or Shine
02 6254 9190 www.pegasusact.com.au
Death Cap Mushroom

Amanita Phalloides

The Death Cap Mushroom is a deadly, poisonous introduced fungus that is responsible for 90% of all deaths related to mushroom consumption. There have been 4 fatalities and 12 reported incidents of poisoning associated with Death Cap Mushroom in the ACT(1).

Description

Cap: 40-160mm wide, may be white, but usually pale green to yellow in colour, or fawn if the mushroom is older, or located in full sun. The cap can be slippery or sticky to touch, and shiny when dry.

Gills: White, crowded and not attached to stalk.

Stalk: Normally white in colour, but may be pale green. Up to 15cm long with a papery cup shaped volva at the base (often buried in the ground). Normally a skirt-like ring is present high on the stem.

Distinctive Features: The white gills, cup-like volva and high skirt like ring help to distinguish the Death Cap Mushroom.

Occurrence: South Eastern Australia.

Habitat: Commonly found near established oak trees and possibly others, usually during later summer to early winter, after good rain or heavy irrigation.

Toxicity: Extremely poisonous. One Mushroom contains enough poison to kill an adult. Cooking or peeling does not make the mushroom safe to eat, and all parts are poisonous.

Symptoms

Onset of symptoms occurs 6-24 hours or more after ingestion of mushrooms. Symptoms include violent stomach pains, nausea, vomiting and diarrhoea.

Symptoms may subside for 1 to 2 days giving a false impression of recovery. However, by this stage the toxin will have already caused serious liver damage. Death from liver failure can occur many days after ingestion.

(1) From 1999-2014

Health Protection Service
Population Health Division
Howard Florey Centenary House, 25 Mulley Street, Holder ACT 2611
Locked Bag 5005 Weston Creek ACT 2611
Phone: (02) 6205 1700  Fax: (02) 6205 1705
Email: hps@act.gov.au
Web site: www.health.act.gov.au
Medical Treatment

A person who suspects they may have eaten poisonous mushrooms should seek immediate medical attention at a hospital emergency department. Where possible take a whole mushroom sample for identification. The sooner the treatment begins, the better the chances of survival.

Further information and assistance if poisoning is suspected can be sought by calling the Poisons Information Centre on 13 11 26 (24 hours a day, seven days a week).

Known Locations of the Death Cap Mushroom in the ACT

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<td>Commonwealth Park</td>
<td>Deakin</td>
<td>Dickson</td>
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<td>Griffith</td>
<td>Latham</td>
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<td>Red Hill</td>
<td>Reid</td>
<td>Turner</td>
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<td>Yarralumla</td>
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For absolute safety, avoid picking or eating any wild mushrooms.

This information sheet was last updated in March 2014

HPS-00-0545

Accessibility

The ACT Government is committed to making its information, services, events and venues as accessible as possible. If you have difficulty reading a standard printed document and would like to receive this publication in an alternative format such as large print, please phone 13 22 81 or email HealthACT@act.gov.au.

If English is not your first language and you require the Translating and Interpreting Service (TIS), please call 13 14 50. If you are Deaf, or have a speech or hearing impairment and need the teletypewriter service, please phone 13 36 77 and ask for 13 22 81. For speak and listen users, please phone 1300 555 727 and ask for 13 22 81. For more information on these services, visit http://www.relayservice.com.au.

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Enquiries about this publication should be directed to ACT Health Communications and Marketing Unit, GPO Box 825 Canberra City ACT 2601 or email: HealthACT@act.gov.au.


Enquiries: Canberra 13ACT1 or 132281