Lyneham High School is built on the traditional lands of the Ngunnawal people. We acknowledge the traditional owners of this land and pay our respects to their elders, past, present and future.

Swimming Carnival Snap Shots
From the Principal

It has been a very busy two weeks for us here at Lyneham High School. Last week was Year 7 Camp week and, this year, we were very happy with the weather! I would like to thank all of the teachers and office staff involved. I think sometimes we forget how much planning and organisation go into these great experiences provided for our students. Some of our staff attended the Year 7 Camp for the whole week, which means that they gave up much of their own time to be on duty 24/7. A special thank you to James Houlcroft, Nor Idris, and Steven Bardwell for all their efforts and commitment over many weeks to provide such an exciting experience for our Year 7 students! A big thank you also to the Peer Support Leaders and to our Student Well-being Executive Teacher, Amanda Murtagh. I have had a lot of very positive feedback from staff and members of the public about the mature and helpful behaviour of our students when on excursions and camps. That makes me very proud to be the Principal of Lyneham High School.

As I write our Year 8 LEAP students are attending a two day camp and I look forward to hearing all about their experiences when they return. A number of year 10 LEAP students are today attending a Science Symposium at Dickson College. This is a great opportunity for them to enrich their understanding of the work of scientists and to connect with other senior students.

Last week two of our students from Year 10 2013 were well and truly in the spotlight. I was delighted to be present at a special ceremony to see Aliya Chalmers, now at Dickson College, presented with an Aboriginal and Torres Strait Islander School Scholarship. Aliya’s award was a reflection of her dedication to her work and her ability to manage her time so effectively while studying classical ballet. Aliya is a wonderful role model and a credit to her family and the ACT Public Education system.

Indigo Strudwicke, also from year 10 2013, was asked to speak at the International Women’s Day Breakfast held by the Education and Training Directorate. Speaking alongside the Minister for Education and Training, Joy Burch MLA, and Kathy Leigh, head of the ACT Public Service, Indy reflected on her personal journal as a young woman. Now a student at Dickson College, Indy is a very impressive young woman and I am confident we will hear more of Indy in the years to come.

While Lyneham High School is a high performing school, it is really important that we continue to improve and to have high expectations of ourselves and our students. The people who make the most difference for students at school are our teachers and so improving teacher quality is our most important goal. Over the last 3-5 years our teaching staff has focussed on providing professional feedback for each other on classroom practice. We have developed a process using “Instructional Rounds” (based on the medical rounds of doctors and interns and developed by Richard Elmore) but have adapted it and made it our own. This involves all teaching staff working to understand the Quality Teaching Model (QTm), which describes what effective learning and teaching looks like, visiting each others’ classrooms and using this model to comment and reflect on the classroom practice of peers. This has helped us to break down some of the classroom barriers of high school and support our colleagues in their practice. If you would like to find out more about the work of Richard Elmore you could begin by taking a look at http://www.scholastic.com/browse/article.jsp?id=3754210
We also have a very active Literacy and Numeracy Team, currently led by Ashlee Wilson. Members of this team, as well as working with individual students and with small groups of students, work alongside teachers in the classroom to improve practice. They help to differentiate assessment tasks so that they can be accessed by students at different levels and they support staff in implementing Individual Learning Plans. In 2014 all members of the Literacy and Numeracy team will complete an action research project under the guidance of Tony Shaddock from the University of Canberra.

We have enormous expertise on our teaching staff and it is very important that we find ways to share this expertise and support each other in continuous improvement.

Homework Forum
I look forward to seeing parents next Monday night (17 March) at the Homework Forum being held in the school library and followed by the P&C AGM. It is really important that the school hears the views of parents about homework and that we communicate the school’s expectations. Please see details elsewhere in this newsletter.

Congratulations
Tegan Kite who is currently representing the ACT in the Australian Junior Athletics Championships in Sydney.

Regards
Colleen Matheson

Aliya Chalmers receiving an Aboriginal and Torres Strait Islander School Scholarship.

Indigo Strudwicke speaking at International Women’s Day Breakfast held by the Education and Training Directorate.
At this week’s school assembly we celebrated the House points earned from the swimming carnival and the age champions. The points were as follows.

**Blaxland came 4th with 443 points**

**Sturt came 3rd with 462 points**

**Mitchel came 2nd with 544 points**

And.......

**Hume came 1st with 662 points**

A big congratulations to all the participants who competed in the swimming carnival, it was great to see so many students participating in all the events!

The age champions received their medallions at assembly and the whole school recognised their achievements.

12 Years Girl age champion: Clara Kendall
12 Years Boy age champion: Conall Minchin
13 Years Girl age champion: Emilie Marceau
13 Years Boy age champion: Chuong Tran
14 Years Girl age champion: Anh Thu minh Le
14 Years Boy age champion: Guy Richardson
15 Years Girl age champion: Meagan Wigney
15 Years Boy age champion: Man Luc
16 Years Girl age champion: Veronika Kosmider
16 Years Boy age champion: Quang Le
On Thursday the Lyneham High School girls water polo team went to Civic pool and competed in the ACT Water Polo Championships. The girls played four games and each game showed improvement on their skill level. With only three students who had played Water Polo before the girls pulled together and became a strong contender for the Championships. It was a great day at the pool and I am very proud of their efforts, commitment and achievements. The team consisted of the following students Izzie Darby, Sanga Yoon, Tessa Slater, Eve Viduka, Erin Foley, Lucy Barton, Belle Dare, Adriene Nunn, Sian Dyer and Veronika Kosmider.

A big thanks goes out to Patrick Foley who assisted with preparation and coaching on the day.
Name:  David Boxshall

SEAL sport:  Coerver Coaching/SEAL Football

Playing experience:

- Coerver Coaching
  Performance Academy
  Player 2002-2008
- Coerver Coaching Select
  Squad Representative – Madrid, Barcelona, Spain
- ACT State Futsal representative

Coaching experience:

- Coerver Coaching Instructor 2008-Present
- Coerver Coaching Japan/Australia Exchange Program 2013 – Tokyo, Japan
- Coerver Coaching Instructor to Canberra United Season 2013-2014
- Studying toward FFA C- License

Zoe Cuthbert won the Australian National Mountain bike series (U15 girls). She is the cross country eliminator National Champion (U15 girls), and got the silver medal in the cross country Olympic in the National Championships. Below is a picture of Zoe getting ready to race the cross country eliminator at Bright on the weekend.
WHAT TO DO WHEN THINGS GO WRONG AT SCHOOL

1 We all want to spring to our children’s defence when they are upset or life seems unfair. Before taking any action, it’s a good idea to sit down with them and let them tell you, without interruption, what has happened. Find out what has upset them. Ask them what they think would put things right. Children, like us, need the chance to unload to a sympathetic ear. Often children are prepared to fight their own battles and just want to vent. There’s nothing worse than charging into the fray and discovering your child has got over it and moved on.

2 Help them think through what has happened. Often, clearly thinking about events gets things into perspective or helps them see how they contributed to what happened. A good lesson for children is to learn which battles to choose. Life holds many irritations and we learn to take most of them in our stride. Erupting over minor incidents is no way to build sound relationships with classmates or teachers – or our own credibility.

3 After you have slept on it, if you are still worried, or your child asks you to, contact the class teacher. The teacher may be worried too and will be able to suggest the next step. Or you will be able to get a clearer picture of, for example, class dynamics or reassurance that the incident was a minor one with no consequences for your child.

4 If you are still concerned, the principal’s door is always open to parents. Schools really appreciate parents who want to find solutions rather than lay blame, especially when you show them you understand they have to take into account the interests of all the children in their care and cannot be pushed into punishing other children. The principal is your ally and will be able to help you and your children.

5 Build on your relationship with your children’s teachers. Being familiar with the school and the other children helps you put together a more complete picture of what goes on at school. When you and your child’s teachers keep communications open, trusting and positive your child is the one who will reap the benefits.

Extract from Readers Digest Newsletter Volume 20 Number 12
Shelly Cheung may not be known to all as she is often hidden under the stairwell in the Science corridor. Shelly is our hardworking science laboratory technician. She is the organisation behind all the wonderful experiments that students complete when experiencing the wonders of science.

Shelly has had an interesting and varied career. After completing a Business Degree at the University of Canberra she worked for an international trading company in Hong Kong. Returning to Canberra after two years, Shelly wanted to try something completely different so she completed a Diploma of Laboratory Technology at CIT while working as a laboratory assistant at Capital Pathology. She changed into the position of pathology clerk and stayed at Capital Pathology before moving to Lyneham High School in 2011.

As the proud mother of two children, Shelly is very interested in seeking information about primary aged education and how best to support her children in their learning. Shelly enjoys opportunities for her own learning through the exchange of ideas with other science assistants across the ACT, as well as, learning about the latest technology from specialist equipment suppliers.

When asked about working at Lyneham she commented on the respectful and caring nature of our students. Describing her own strengths as someone who never gives up and always doing her personal best, Shelly would love to see all students find their personal strength and then try their best to achieve their goal, particularly those students who might find school a struggle.

Shelly is a friendly, positive person who despite being incredibly busy always greets you with a beautiful smile.

The year 10 Concert Band performed at this week’s assembly. They performed the Earth, Wind and Fire classic ‘September’ and ‘Zeus: King of the Gods’ which is their eisteddfod piece. Their musicianship and professionalism was outstanding. Congratulations to these students.
Band News

All band students will receive details about the requirements for the video moderation assessment task next week. It is very important that the students are practising their band music and other skill building exercises at home. If in doubt, please refer to the section in this term’s band newsletter about practice tips.

The ‘Commitment to Attend’ forms for each band tour should by now have been submitted to your child’s band teacher. We need final number so that we can continue to make bookings and prepare final costs for the tours. The tour deposit is due on 20 March, but we really need the return of the notes as a matter of urgency.

Next week we will also be sending out invoices for instrument hire. Should you receive an invoice but think that you have already paid then please contact Jane in the front office who will be able to track payments. Please remember that all financial transactions need to be made through the front office, not via your child’s teacher.

All of the Lyneham bands are working hard toward their eisteddfod performances in May. The Year 7 Concert Band and Beginner Band have had their first rehearsal lessons and are already sounding great. Students are reminded to keep up their home practice and ensure they bring all their music and instrument to class every band lesson!

Beginner Band in rehearsal.
Please note there has been a change of dates for the assembly performances this Term. The Year 9 Band will perform at the next assembly in Week 8. Students are reminded to arrive at 8.20am in full band uniform for this performance.

Abbreviations:
BCB: Beginner Concert Band; 7CB: Year 7 Concert Band; 8CB: Year 8 Concert Band; 9CB: Year 9 Concert Band; 10CB: Year 10 Concert Band; IJB: Intermediate Jazz Band; SJB: Senior Jazz Band; GWO: Ginninderra Wind Orchestra; TJB: Twilight Jazz Band

- 20 March: All Bands 1st deposit due for band tours
- 24 March: 9CB assembly performance. Arrive 8.20am wear band uniform tops
- 26-28 March: Musical Production camp Warrambui
- 7 April: Rock Bands assembly performance. Arrive 8.20am wear band uniform tops

Parent Teacher Interviews
Monday 7 & Tuesday 8 April
4.00pm – 7.00 pm in the school Hall

Online Booking for PT Interviews
Please be aware that bookings for Parent Teacher Night will be made online from 3.15pm Tuesday 1 April. Further information about this process will be provided with the mid-semester report. However, if you have not returned the permission note allowing your child’s information to be uploaded please contact the front office immediately. Without this permission note you will not have access to the online booking site and will not be able to book interviews with your classroom teachers. Parents without internet should contact the Front office by phone to organise bookings.

Mid Semester Reports will be issued on Tuesday 1 April

The P&C will be hosting a sausage sizzle on both Parent/Teacher evenings, so bring some coins if you are interested in supporting that event.
HIVE SESSION

Once a term we have a lesson in Home Groups with a wellbeing focus, this term it’s happening on Tuesday 18 March and is a lead in for our activities associated with the National Day of Action. During this session we will be looking at the impacts of stereotyping, racism, gender identity and homophobia. You may wish to discuss this with your child and if you have a serious concern please contact me. Amanda Murtagh. amanda.murtagh@ed.act.edu.au

MOONFLOWER – A WORLD PREMIERE

This year marks a very special year for the Lyneham High School Music Theatre Program. It is now ten years since we produced our first show and since then over 1500 students have participated in our award winning shows.

This year Lyneham High will be producing the world premiere of the musical ‘Moonflower.’ This show is a fantastic story of three heroic girls, who go in search of the birth of a Moonflower to rediscover love, joy and beauty and see the rebirth of their community.

In July 2011, Mr Batterham and his wife went on posting to India where his wife spent two years working at the Australian High Commission. Mr Batterham spent the two years in India writing this show. The Lyneham High community is very excited to be producing its world premiere.

The season of ‘Moonflower’ will be performed from Wednesday 25 June – Saturday 28 June with shows at 7pm each night and a Saturday matinee at 1:30pm. Tickets will be available from mid-May. Look out for further details to come in further newsletters.
YEAR 10 INFORMATION EVENING

5.30pm-6.30pm Thursday 3rd April
Lyneham High School Hall

For all Year 10 students, their parents and guardians, there is an Information Evening at 5.30pm on Thursday 3rd April in the Lyneham High School Hall. Speakers include:

- **Colleen Matheson**, LHS Principal on the Year 10 Certificate
- **Kerrie Heath**, Dickson College Principal on the transition to Year 11, enrolling in the college of your choice and correct class selection
- **Melissa Moir**, LHS Careers Advisor on work experience placements, apprenticeships and post-Year 10 options
- **Sharon Hayes, Jackie Livingstone and Anna Mason**, LHS Year 10 Coordinator on 2014 events, including Road Ready, the Formal and Graduation

There is no requirement to RSVP. Tea and coffee provided.
For more information, please contact Jackie on john.livingstone@ed.act.edu.au

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HOMEWORK FORUM and P&C AGM, MARCH 17, 6pm –7.30pm

Hate it or love it, homework is part of every LHS student and parent’s life. But how much is too much, or not enough? What’s the role of parents? Why do it at all?

LHS parents are encouraged to come along to the first P&C sponsored forum of the year- an interactive workshop style **Homework Forum** led by LHS Principal Colleen Matheson and Deputy Principal Barbara Monsma.

The Homework Forum starts at 6pm on March 17 in the library.

Stay on for the **LHS P&C Annual General Meeting** starting around 7pm.

Deborah Nesbitt. Lyneham High School P&C
CSIRO Discovery celebrates Canberra’s local science heroes

While Canberra popped the champagne and toasted its 101st birthday, the CSIRO Discovery Centre celebrated our local heroes of science.

On Saturday 8 March, our local finalists in the BHP Billiton Science and Engineering Awards presented their inventions and projects. The BHP Billiton Science and Engineering Awards are Australia’s most prestigious school science awards, rewarding young people who have undertaken practical research projects, which demonstrate innovative approaches and thorough scientific or engineering procedures.

Three Lyneham High School finalists presented: Angela Liao on her project “Something to Chew On”: Effects of gum’s flavour on salivary flow rate and pH levels, Ian Arachi on his project “Ultraviolet Protection and Clothing” and Sanjog Chintalaphani on his project Performance of Commercial Photovoltaics in North Canberra. Stephen Box, a science teacher at Lyneham High and a finalist in the Teaching Awards section, described the Year 9 Science projects course and how science investigations can be used to inspire students to continue studying science.

Congratulations to all the students and Stephen on their professional, interesting and insightful presentations.

NAPLAN 2014 at Lyneham High School

The National Assessment Program – Literacy and Numeracy (NAPLAN) will take place at Lyneham High School from Tuesday May 13 to Thursday May 15, with Friday May 16 being a catch up day.

In the coming weeks further information will be provided to parents and students regarding the testing schedule.

Students are asked to bring a pencil, eraser and sharpener to each test. They are also asked to bring a calculator on Thursday for one of the Numeracy tests.

If parents require further information they are encourage to read the Information for Parents booklet found here: http://www.nap.edu.au/verve/_resources/NAPLAN_2014_Information_for_parents_brochure_web.pdf (Hard copies can be provided upon request to the Front Office).

If parents/carers have any questions they should contact Ms Ashlee Wilson (Acting Executive Teacher of MAZE and Literacy & Numeracy).
Lyneham High School

VIETNAM EXCURSION
Information Night

Lyneham High School Hall
6pm
Tuesday 25th March 2014

The SOSE faculty is very excited to offer this wonderful opportunity to

Year 10 and Year 9 students of 2015

Excursion Date: 9 - 22 April 2015
Urban Weavings
John Garrett, Ann McMahon, Gabrielle Powell and Jane Whitten
14 – 30 March » in the Arts Lounge
The exhibition will be opened at 5.30pm on Friday 14 March by Avi Amesbury, Executive Director, Craft ACT Craft and Design Centre


- Meet the artists: 1:00pm Sunday 23 March
- Gallery hours: 10:00am – 4:00pm Tuesday–Sunday
- RSVP: info@belconnenartscentre.com.au
- www.belconnenartscentre.com.au
- Belconnen Arts Centre, 118 Emu Bank, Belconnen

youth art goes public!
Are you interested in exhibiting your ART work PUBLICLY?

then we would like to hear from you!
Youth Art goes Public (YAPI) links artists aged 13 – 25 with Canberra’s empty walls in cafés, restaurants, waiting rooms and other public venues. YAPI is a new initiative by Youth InterACT and Belconnen Community Service.

get in touch!
Belconnen Community Service
Bungee
Phone: 02 6264 0242
Mobile: 0411 107 119
Email: bungee@bcsockets.com.au
Web: www.bcs.act.com.au

Ann McMahon works with our Indigenous Girls Group and will be running a lunchtime group on Tuesdays for interested students.
WESTERN DISTRICT JUNIOR RUGBY UNION CLUB
2014 REGISTRATION DAY

WHERE: Canberra Southern Cross Club Jamison (Catchpole Street, Macquarie)

WHEN: Saturday, 15 March 2014 – 9.00am to midday

COST: $150* – includes the cost of playing socks, shorts and jersey (which players keep at the end of the season)

MORE INFO: Kev Whitton
President
0402 805 219
westsjuniorrugby@gmail.com

* sibling discounts apply
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