LSU STUDENTS AT THE ROYAL CANBERRA SHOW

The Learning Support Unit students worked as stewards at the Farmyard Nursery. Students were involved in animal care and management as well as talking to members of the public about the baby animals.

From the Principal
Next week is Week 5. It is hard to believe that we are close to being half way through term one. Students are working well and classes seem very settled. In the last two weeks we have had a very successful swimming carnival, our DARE boys have been on camp, Agriculture and LSU students visited the Canberra Show, Year 10 visited the War Memorial, we’ve had our first Peer Support session, student forum representatives (years 8-10) have been elected and auditions for our musical, *Moonflower*, have been completed. No wonder these past four weeks have gone quickly. It’s been a busy time! And, of course, next week is Year 7 Camp. I know the Year 7 students are really looking forward to this and I certainly appreciate all the hard work done by the Year 7 team in preparation.

**Year 7 Breakfast and Information Evening**

I was delighted to have so many parents and Year 7 students join us for our Year 7 Breakfast and Parent Information Evening in Weeks 2 and 3. Thank you to all those parents who gave such positive feedback about these events. I hope you now know a little more about how a high school works and that you understand why your son or daughter arrives home so exhausted at the end of each day! Many thanks to all staff who attended, giving up their own time to support parents and students.

**Care, Quality, Creativity**

On the front page of our newsletter, on our letterheads and signs, you will notice three words which are very important for us here at Lyneham High – *Care, Quality* and *Creativity*. These words recognise that at Lyneham we aspire to always:

- exercise **Care** for our own well-being and for the well-being of others;
- take pride in the **Quality** of the learning and teaching that happens in our school; and
- operate in an environment that fosters **Creativity** and innovation.

**Student Voice**

One of the priorities in our school’s strategic plan for 2013-2016 is to increase student voice and influence in the school.

This year staff have formed small Professional Learning Communities (PLCs) and are using an action research model to evaluate what we are currently doing and look for ways to improve practice. This will include getting feedback from students and listening to student voice in a range of different areas of investigation, including visual literacy, intercultural understanding, quality teaching, formative assessment and “flipped learning”.

This year, we also have a new position in the school, Executive Teacher Professional Practice. This position was won by Lara Croucher. One of Lara’s roles is to coach staff to support student determination in learning, in other words to support the development of classroom, assessment and feedback processes that respond to students’ abilities and interests.

We are also looking at ways of providing systems and structures to enable students to influence decision making in the school. All home groups, other than Year 7, have elected a representative to the student forum. Year 7 will elect their representatives when they come back from camp. The first student forum was held last week. Our school captains began gathering information from students and sharing ideas. Many thanks to Amanda Murtagh and Ashlee Wilson for all their hard work with our student leaders.

We have such great students in the school and I am really looking forward to seeing what they come up with and how they work to involve all students.
Student Support Funds
A reminder to all parents that the school operates a student support fund. This is available to parents who are experiencing financial difficulty. Funds can be used to help any student access activities that the school would normally anticipate a whole year group, class or specific group of students would attend. If you are experiencing financial difficulties, please contact me so that we can discuss accessing this support fund.

Entry to Car Park
While parents are very welcome to park in either of the school car parks in order to visit the school, car parks are not to be used as drop off areas for students. Please do not drive into the car parks or stop in driveways in the morning or afternoon, simply to drop off a student, as students and teachers are entering or leaving the school. This is very dangerous for drivers and pedestrians, especially students. Safety for all is our first priority. It would be much safer to drop your son or daughter further down Goodwin Street and give them a short walk.

Regards
Colleen Matheson

2014 ACT Softball Championships
On Tuesday 25 and Wednesday 26 February Lyneham High School competed in the ACT Softball Championships. We had four teams attend the completion, 7/8 girls and boys and 9/10 girls and boys. The 7/8 girls softball team showed a competitive spirit throughout the day. Their skill level improved throughout the games and the girls were successful in making it to the ACT Championships with an overall third placing. The 7/8 girls team consisted of Rebecca Gibson, Laura Mobini, Vaishnavi Ratnasabesar, Kendall Elliot, Alicia Meuronen, Lily Martens, Samm Blandy, Ella Vardon, Casse Berg and Jane Morrison.

The 7/8 boys team competed against some strong teams with very quick pitchers. The boys did a great job to adjust their batting style and they were aggressive in the field. They took some great catches throughout the day. They improved immensely and managed to win a game.
Well done to Mitch Souter, Guy Richardson, Jack Roylance, Grayson Woodram, Hayden Okines, Gabe Finnan, Ryan Longhurst and Job Voloudos.
The 9/10 girls team also improved throughout the day as they faced a challenging team first and really had to step it up. The girls gained confidence in their batting and had some great hits. Their aggressive base running also allowed them to score numerous runs throughout the day. Well done to Mia Carr, Iris Vikduka, Adrienne Nunn, Gabriel Slattery, Olivia Perry, Sarah Barnard, Tessa Slater, Kayla Dickie, Lucy Barton and Jesse Kamminga.

The 9/10 boys consisted of inexperienced softballers who applied their trade at the Hawker Softball Centre. Gus Faul and Jackson making the first runs for Lyneham.

Our triumph was met with a huge roar from the crowd (especially Bob).

We went on to win a very tense game against Campbell High but lost our final game against SFX. The day ended with one win under our belt and Gus and Jackson had three homeruns each. Our enthusiasm never faded, with improvement from all players on the day ended in a success in our eyes. Team members were Ryan Cannon, Angus Faul, Jackson Clement-McNee, Steven Nguyen, Riley Okines, Bill Foreman, Robbie Watkins, Tom Ryan, Ian Arachi, Harrison Roberts and Bob Houng.

Miss Bryant, Miss Dickson and Mrs Pole

Health and Physical Education News

WOW. What an amazing Swimming Carnival we had! Perfect weather, a venue jam packed full of students, parents and staff, and a marshalling area overflowing with participants. It truly was a day where you could sit back in awe of the competitive swimmers; their pace, technique and fitness levels which allowed them to back up from event to event and still find the energy to cheer and support their House and peers. And what a great sight it was seeing students entering the water to just ‘have a crack’ and contribute to the spirit and culture of the day.

A huge congratulations to the PE Team, staff and students for participating in and contributing to this event. It was great to see Parents supporting the school and their child/children at the carnival. We look forward to seeing you at our next whole school event: Cross Country Carnival on Monday 5 May.

Thank you, Thank you, Thank you
Thank you to Damien Foley from the Music Faculty for writing and recording the House Chants. The PE staff members are blown away by your generosity with your time, not to mention your skills, creativity and professionalism with the pieces you have created. We look forward to these being showcased at Assembly, and can’t wait to hear these being ‘belted out’ at our carnivals for many years to come. Thank you again.

House Captains

Congratulations to the following students who have been peer elected into the Student Forum as House Captains and Vice House Captains. We look forward to working with these students and the wider Student Forum to continue to provide opportunities for all to engage, grow and maximise the potential of school events.

**Sturt**
- House Captains: Robbie Watkins and Gabriel Slattery
- Vice House Captains: Liam Unwhen and Tessa Slater

**Blaxland**
- House Captains: Ian Arachi and Shantelle Coleman
- Vice House Captains: Jackson Clement-McNee and Lucy Barton

**Mitchell**
- House Captains: Marcus McDonald and Olivia Perry
- Vice House Captains: Michael O'Leary and Kashmira Mohammed-Zagor

**Hume**
- House Captains: Quang Le and Jessica Kamminga
- Vice House Captains: Angus Faul and Maggie Edwards

**Health**

We are about to undertake our first blocks of Health for the Year. Students will intensively study the topics listed below and will complete an assessment task at the completion of the units. Health units are designed to inform and educate our students, as well as develop skills and challenge their pre-conceived ideas. Parents play a vital role in supporting students to formulate their opinions, judgements and decision making strategies. Children who feel supported by their immediate family, friends and teachers (with trust, appropriate expectations, being able to talk or call when things are going ‘pear shaped’, being able to debrief honestly about their experiences and that of their friends) are likely to successfully analyse and predict risky behaviours and develop considered plans and strategies to support them in harm minimisation. Following are ways in which you can support your child/children and maximise their understanding.

- Asking questions about the content – what did you discuss in class today? What activities were there? What did you take away from them?
- Enquiring about your child’s views on the topic – now before the unit has begun, during, and at the completion. Have you noticed it has changed?
- Supporting your child to develop a contingency plan with their decision making process. It is hard to make the right decision every single time. How would you like your child to respond if things are not running to plan/if they feel they are not in control of a situation? Who would be available to support them, day or night?
- Reading the assignment sheet and helping your child ‘unpack’ it - they may not need help with it, although they may benefit from guidance in the right direction. Tasks are designed to challenge and are thought provoking, not necessarily regurgitate information from class or websites.
• Contacting your child’s HPE Teacher to find out more about the unit if you would like further information on topics and themes.

<table>
<thead>
<tr>
<th>Term 1</th>
<th>Term 2</th>
</tr>
</thead>
<tbody>
<tr>
<td>Year 7: Personal Identity &amp; Relationships</td>
<td>Year 7: Healthy Lifestyle</td>
</tr>
<tr>
<td>Year 8: First Aid</td>
<td>Year 8: First Aid</td>
</tr>
<tr>
<td>Year 9: Modern Disease</td>
<td>Year 9: Human Sexuality</td>
</tr>
<tr>
<td>Year 10: Sexuality and Relationships</td>
<td>Year 10: Party Safe</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Term 3</th>
<th>Term 4</th>
</tr>
</thead>
<tbody>
<tr>
<td>Year 7: Smoking</td>
<td>Year 7: Puberty</td>
</tr>
<tr>
<td>Year 8: Alcohol</td>
<td>Year 8: Tolerance &amp; Resilience</td>
</tr>
<tr>
<td>Year 9: Drugs</td>
<td>Year 9: Health Services</td>
</tr>
<tr>
<td>Year 10: Mental Health</td>
<td></td>
</tr>
</tbody>
</table>

Lisa Price and the Health and Physical Education Team.
Lisa.price@ed.act.edu.au
6205 6394

HOMEWORK FORUM and P&C AGM, MARCH 17, 6pm –7.30pm

Hate it or love it, homework is part of every LHS student and parent’s life. But how much is too much, or not enough? What’s the role of parents? Why do it at all?

LHS parents are encouraged to come along to the first P&C sponsored forum of the year- an interactive workshop style Homework Forum led by LHS Principal Colleen Matheson and Deputy Principal Barbara Monsma.

The Homework Forum starts at 6.00pm on 17 March in the library.

Stay on for the LHS P&C Annual General Meeting starting around 7.00pm.
ON LINE PAYMENT FACILITY

All schools now have access to a new service on their website for parents/carers to be able to make secure online payments to the school, via a link to Westpac. Payments can be made using either a Visa or MasterCard credit or debit card. The payment page is accessed through the school’s website by selecting the Payment link.

Items which can be paid include voluntary school contributions, library and building trust contributions, subject contributions, excursions, in school activities and sport. There is also a section for other items that you wish to pay that do not fit under the headings above.

If you have been depositing funds into the school’s management account via bank transfer, please now use the Payment link on our website.

When you access the Quickweb payment screens you must enter the mandatory fields.

1. Student Details: Student key, given name and surname
2. Payee Details: Family key, payee full name and contact details
3. Fee code and/or description of payment
4. Student ID Number (if known), class/year level will assist the school in receipting funds to your account more efficiently.

These details will need to be entered each time you make a payment.

This is a secure payment system hosted by Westpac to ensure that your bank-branded credit-debit card details are captured in a secure manner. These details are not passed back to the school. You will have the ability to check and change any details of the payment before the payment is processed. Receipts can be emailed and/or printed from the web site.


Westpac’s payment system will supply all information apart from card details back to the school on a daily basis to enable the payment to be reconciled against your family’s account. As a receipt will be issued from the payment website by Westpac, a further receipt will not be issued by the school. If however, you require a tax receipt, please contact the school office.

For any enquiries regarding the online payment process, please contact the school administration office.
Some people will remember the Music Faculty beard growing challenge of 2013. Pictured here is the winner of this challenge – Tim Bowyer. Most of the Lyneham High community will recognise Tim with less facial hair and a trumpet in his hand, as pictured in the other photograph. Tim is a passionate musician who is relatively new to teaching. He began his teaching career in 2010 and arrived at Lyneham in 2011. His working life has revolved around music. He plays in a couple of bands but his main band is “The Brass Knuckle Brass band”. Besides music Tim is passionate about football, the one with the round ball (soccer).

When not working on school related matters Tim likes to write music, read and take leisurely walks along the beach. This relaxed lifestyle may soon change as Tim’s wife is due to have a baby in the next few days.

For Tim the best part of his job is being around people, both staff and students, who have a zest for life and a willingness to learn and have fun. When asked about highlights Tim explains how the Concert Band Program has many wonderful moments throughout the year. Lyneham High is well known for its wonderful musicals and each year this is another highlight on Tim’s calendar. Hardworking, committed and passionate, Tim is a proud member of the Music Faculty.
Band News

Music staff members have been very impressed with band classes so far. All of the bands have settled very well and are starting to produce some great music.

The deadline for the return of Commitment to Attend band tour forms has now passed. Music staff have extended the deadline until 5 March. Please remember that the tour deposit is not due until 20 March, but we need the forms to be returned very quickly so that we can confirm numbers and continue with our planning. Please return the form even if you are not attending.

If you have not been receiving emails from your child’s band teacher then we don’t have your current email address. Please make contact with the relevant teacher to update your email address, or email debbie.masling@ed.act.edu.au.

There has been a calendar change involving the Year 10 Concert Band. This band will now be performing at our school assembly on Tuesday 11 March. The students are asked to arrive by 8.30am wearing band uniform tops and casual shorts or trousers.
SEAL Coach Profile  Name: Brock Winkler

**SEAL sport:** Cricket

**Coaching experience:** 8 years Cricket coaching experience with juniors ranging from U6s to U20s.

**Playing experience:** 5 years ACT Grade Cricket, 4 years ACT 1st Grade; 6 Indoor Cricket Nationals tournaments, Current ACT U23 Indoor Cricket Captain British Indoor Cricket National League Championship.

**Greatest life achievement:** So far... Travelling Europe and working and living in the UK for 5 months.

**Something people don’t know about you:** I was the first person to (legally) Waterski on Lake Burley Griffin

---

Canberra Netball Association

Junior Representative Trials now open!

Players born 2003 – 1999
(Under 11 to Under 15)

email: juniorreps@canberranetball.asn.au

for registration forms and information by 13 March 2014
GIRLS in CONSTRUCTION
SPARKING YOUR CAREER

International Women’s Day
School Girls Luncheon
Hosted by Minister for Women

Friday 14 March 2014, 12:30 pm to 2:30 pm
CIT Restaurant, 1st Floor Block K, CIT Reid

RSVP Wednesday 5 March 2014
women@act.gov.au 02 62050215

GIRLS IN SCIENCE MORNING TEA
Blow Your Mind WITH a Career in SCIENCE

Hosted by Minister for Women
in partnership with
The John Curtin School of Medical Research, ANU

Wednesday 12 March 2014
10:30 am to 12:30 pm
The John Curtin School of Medical Research,
Building B31 Garran Road, ANU

RSVP Tuesday 4 March 2014
02 6205 0215 women@act.gov.au