The Lyneham High STAR Program continues to give back to the community.

The girls were up early on Mother’s Day morning to support the event that has now been taking place for more than 15 years. The girls and their families either participated in the 5km run or the 5km walk. Some of the girls really pushed themselves and achieved great run times.

Due to the support from the girls, their significant others they brought on the day and other like minded Australians who participated, this years fundraising total was well in excess of $4 million, making the Mother’s Day Classic the biggest single donor to the National Breast Canberra Foundation (NBCF), supporting research projects into detection, prevention, treatment and ultimately finding a cure.

The Lyneham High STAR team was awarded a prize on the day for being the second largest school group to participate in the event. Well done to the girls and their families for giving up their time on the weekend to support such a great event.
Public Education Week
This week has been Public Education Week – a great time to remember all the wonderful work that is done in ACT public schools. Congratulations to our vocal group and to our art and media students who have made a real contribution to the ACT celebrations. We should be particularly proud of all that Lyneham High School has contributed to public education over the past 55 years.

Year 7 Enrolments for 2015
Just a reminder that if you wish to enroll a Year 7 student in 2015, the deadline for enrolments is 30 May. You can find details of how to enroll on our website (www.lynehamhs.act.edu.au) or on the Directorate’s website (http://www.det.act.gov.au/school_education/enrolling_in_an_act_public_school). You must lodge an online form even if you live in our priority enrolment area or currently have a sibling at the school.

NAPLAN
I wanted to pass on the school’s congratulations to all students who sat the NAPLAN tests last week. The organisers were extremely happy with the behavior and attention of all students. Well done.

Around the school
The last couple of weeks have seen a number of exciting events happening across the school. Year 7 had the opportunity to visit the National Archives and Years 8 and 9 really enjoyed performances of Poetry in Action. Our All Bands Faculty Concert drew enormous crowds and showcased the work happening in the Music Faculty. The DARE boys scored a very hard fought victory against Alfred Deakin High School in a Gaelic football match – and, over the next few days, hundreds of our students will be involved in the National Eisteddfod. Good luck to you all and I look forward to seeing many of your performances.

Quality Teaching and Student Voice
As you will be aware, Quality is an important word for us at Lyneham High School. We also have, as one of our priorities, a focus on student voice and, as another priority, we emphasise the importance of teachers giving feedback to each other. Beginning this week, staff will be marrying the two priorities together by learning more about two elements of the Quality Teaching Framework - Student Direction and Inclusivity. They will then visit each other’s classrooms to observe and to give feedback.

Student Direction is an indication of how much control students are given over aspects of the classroom learning environment (ie choice of activities, time spent on activities, the pace of the lesson and the criteria by which they are assessed). This does not mean that teachers relinquish their responsibilities, but rather that the learning is tailored to the needs of students.

Inclusivity is an indication of whether students from all social groups participate in the work of the class and whether their contributions are taken seriously and valued. High inclusivity exists when the classroom is free from negative forms of prejudice and discrimination and when all students feel encouraged to participate fully. These are two very important aspects of the classroom environment and we will be focusing on them over the course of this year.

Congratulations
Nathan Miller who will be representing the ACT in Cricket (U12) in Darwin in June! Best of luck, Nathan.

Regards

Colleen Matheson
“Being the Year Coordinator for a fabulous bunch of Year 8 students is and continues to be my highlight at Lyneham. Supporting them from Year 6 transition and watching them grow into mature adolescents is such a privilege”. These are the words of the caring and supportive Cheryl Pole.

Moving from a familiar and often smaller primary school into a big high school like Lyneham can be quite daunting for some students. Cheryl’s patience, empathy and commitment to the wellbeing and learning success of all students makes her a remarkable teacher. She sees the best in each and every individual student and one of her many strengths is her ability to identify and develop talent to improve their overall confidence and wellbeing. Cheryl describes the best part of her job as meeting new students and being part of their journey through high school.

Cheryl has been in the Lyneham PE Faculty for nearly three and a half years. Prior to this she has taught Health, PE and Outdoor Education at Erindale College, Lake Ginninderra College and Belconnen High School. Cheryl has also worked in a fitness centre in Newcastle where she was a ‘learn to swim’ teacher and a swimming coach.

Life beyond school is equally busy for Cheryl and she describes herself as a ‘soccer Mum’ to three energetic children. When not ferrying all her children to and from soccer training sessions and games, she enjoys camping with the family along the east coast and visiting family in Newcastle. Cheryl loves to catch up with friends and SHOP!
Immunisations for Year 7, 8 and 9

Please note the dates for the next round of immunisations.

Week 5
Year 9 - Wednesday 28 May
Year 7 – Thursday 29 May
Year 8 – Friday 30 May

French and Indonesian News

There is a lot going on in French at Lyneham High in Term 2! The Information Evening for the trip to France in July 2015 will be held in the library from 5.30pm - 6.30pm on Friday 30 May. It is advised that all interested families attend as there is great interest in this trip and places are limited. Please email Lena.Britton@ed.act.edu.au if you are unable to come but would like to register your interest.

Both French and Indonesian students are involved in the Language Perfect World Championships from 19-29 May. Everybody in these two languages should now be registered and able to take part. We are asking as many students as possible to spend time at home on Language Perfect, so that we can improve our ranking. A year group competition, to see who can score the most points, will also be held across the school.

A series of excursions are being held to Breizh Crêperie at the Ainslie Shops on Thursday 29 May (Line 6), Friday 30 May (Line 4), Friday 6 June (Line 7), Wednesday 11 June (Line 1), and Thursday 12 June (Line 5). One of the owners is from Brittany and he will talk to the students in French and give them information about the region. As places are limited, please return notes to Ms Douglass in Room 68 as soon as you can manage.

Registrations are now open for the ACER/ALC Examinations on 4-7 August for French and Indonesian students in Years 8-10. The costs are $10.00 for Year 8 and $13.00 for Years 9 and 10. Previously, entrants have been very successful and it is recommended that students take this test, which awards a nationally recognised certificate.

A bientôt!

French and Indonesian Teachers
Moonflower Tickets
are now on sale!

All tickets are $20.00 plus a 1.00 booking fee.

Go to the Lyneham High Website and click on the link to book your tickets.

This is going to be an amazing show involving over 120 students from across the school.

It will be a world premiere season which the Lyneham High community is very excited about.

Go to the website now to make sure you don’t miss out on this amazing show.

Year 10 White Rocks Trip

My Year 10’s travelled to White Rocks on 12 May for a rock climbing and abseiling session conducted by University of Canberra Senior Secondary. The day ran very smoothly and there was plentiful opportunity for Lyneham High students to climb and abseil to their hearts’ content. The student’s ability improved over the day and they managed to conquer some of the harder climbs at White Rocks without the aid of climbing shoes. A great day was had by all and I would like to thank the staff and students of University of Canberra Senior Secondary College for making this day happen for my Year 10 Class.

Mr Dunnet
Students interested in Work Experience, Flexible Learning Options or Day Programs

Year 10 Students only
Careers with Animals Day Out – if you are interested in applying see Mrs Moir in the Careers room at lunch for an expression of interest form or email melissa.moir@ed.act.edu.au to register your interest. Date of program: 31 October – 1 day program – limited numbers

Careers in Health Day Out – if you are interested in applying see Mrs Moir in the Careers room at lunch for an expression of interest form or email melissa.moir@ed.act.edu.au to register your interest. Date of program: 26 June – 1 day program – limited numbers

Careers in History, Creative Arts and Culture Day Out – if you are interested in applying see Mrs Moir in the Careers room at lunch for an expression of interest form or email melissa.moir@ed.act.edu.au to register your interest. Date of program: 18 September – 1 day program – limited numbers.

Year 9 and 10 Students:
White Card Training & Asbestos Training 2014
A reminder that any student interested in undertaking a work experience placement or apprenticeship in the building and construction industry MUST hold a current White Card and Asbestos Training Card. There is a cost associated with this training. If you are interested in registering your interest to undertake the White Card training course, please email melissa.moir@ed.act.edu.au with your details. There is a 2 day course for the White Card training during Term 2, dates will follow shortly. Please register your interest promptly.

Year 10 Students only:
Hospital Placements 2014
A reminder that any student wishing to undertake a work experience placement with the Canberra Hospital must apply by completing and submitting an application form. A paper copy can be obtained via the Careers Room or by registering your interest via email melissa.moir@ed.act.edu.au. Spaces are filling very fast so first in best dressed!

Year 9 and 10 students:
Brick and Block Program 2014
This year, Lyneham High School has been successful in securing a position with the Australian Brick and Block Program. What this means for our students? We are currently seeking 15 students who currently hold or intend on holding their White Card (see above for clarification) to actively participate in our Brick and Block program for 2014 - during Term 3. This program involves students working outdoors for 4 days, under the direct supervision of a qualified and endorsed bricklayer. The students will learn about the trade, discuss career options, and learn techniques eg rendering and cement mixing. Students will need to have the following.

- White card (Induction Card – or have registered their interest in completing the course, see above for details).
- Enclosed Safety boots.
- Hi-Vis shirt.

To register your interest or for more details please contact Mrs Moir, melissa.moir@ed.act.edu.au.
Tax File Number Applications
We have recently been advised that the Australian Taxation Office is seeking the support and patience from students who have previously applied for a tax file number and have not as yet received their one. If you have not received your TFN as yet and applied for one some time ago, please see Mrs Moir urgently or by contacting melissa.moir@ed.act.edu.au.

Work Experience
All students at LHS over the age of 14 are encouraged to undertake a week of work experience to assist with their future planning, career planning and transition planning. Students are encouraged to find an employer who is suited to their interest area/s and to make contact with them, requesting the possibility of attending a program of work experience. Students can attend for one full 5 day week, or alternatively can negotiate with the employer to attend during different times.

Students have direct access to the Careers Room during lunch hours, where they can use the computer to locate possible employers and then use the phone to make contact accordingly. This is completed with the direct support and supervision of Mrs Moir – LHS Careers/WEX Advisor.

Careers Room Open Times (located next to the Technology Staff Room)
- Monday – lunch
- Tuesday – lunch
- Wednesday – closed
- Thursday – lunch
- Friday – lunch

Careers Advisor
If you require any assistance or support in identifying possible work experience placements, pathways planning, applying for programs offered through LHS or other host employers, general careers support and resume assistance, please do not hesitate to contact Mrs Moir, melissa.moir@ed.act.edu.au. Appointments can be made via email.

ROBOTICS WORKSHOP
A review of the ANU Robogals workshop, by Fraser Wigney and Thomas Whitelaw (7S3), held Monday, 12 May.

On Monday, we attended a Robotics workshop held by the ANU Robogals; a group promoting girls in Robotics. The conditions were that the workshop had to be 50% girls.

After learning how to program, we had to do a series of challenges using LEGO NXT robots. The first challenge was a race. We had to navigate a zig-zag course faster than our opponents. The next challenge was to dodge obstacles and rescue a fellow robot. In the end, the group ‘R2-D2’ won and took home a USB each.

We all had an awesome time and look forward to getting to use the newly purchased LEGO EV3 kits at Roboclub.
## 2014 National Eisteddfod Lyneham High School Timetable

### THURSDAY, MAY 22, Lyneham Performing Arts Centre

<table>
<thead>
<tr>
<th>Event</th>
<th>Time</th>
<th>Time</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>B 161 16 Years &amp; Under Jazz Bands Grade B</td>
<td>Lyneham High School Intermediate Jazz Band</td>
<td>3.35pm</td>
<td>4.15pm</td>
</tr>
<tr>
<td>B 162 16 Years &amp; Under Jazz Bands Grade A</td>
<td>Lyneham High School Senior Jazz Band</td>
<td>5.40pm</td>
<td>6.20pm</td>
</tr>
</tbody>
</table>

### SUNDAY, MAY 25  Llewellyn Hall, ANU Canberra School of Music

| ACT High School Bands - Beginner          | Lyneham High School Year 7 Beginner Concert Band | 1.00pm     | 1.50pm (Warm up room 2) | 2.20pm | 2.50pm     |
| ACT High School Bands - Intermediate      | Lyneham High School Year 7 Concert Band | 2.00pm     | 2.45pm (Warm up room 2) | 3.15pm | 5.35pm     |
| ACT High School Bands - Intermediate      | Lyneham High School Year 8 Concert Band | 3.30pm     | 4.50pm (Warm up room 2) | 5.20pm | 5.35pm     |
| BHS 3 & BHS 4 ACT High School Bands       | Lyneham High School Year 9 Concert Band | 4.30pm     | 5.20pm (Warm up room 2) | 5.50pm | 7.00pm     |
| BHS 3 & BHS 4 ACT High School Bands       | Lyneham High School Year 10 Concert Band (High School/College Section) | 4.30pm | 6.10pm (warm up room 1) | 6.40pm | 7.00pm |

### THURSDAY, May 29, Woden CIT

| Rock Bands                               | 1. Lyneham High School - The Experiment | 3.30pm | 4.20pm | 4.30pm | 6.45pm |
| Rock Bands                               | 2. Lyneham High School - Morgan and the Freemen | 3.30pm | 4.30pm | 4.40pm | 6.45pm |
| Rock Bands                               | 3. Lyneham High School - Triumvirate | 3.30pm | 4.45pm | 4.55pm | 6.45pm |
| Rock Bands                               | 4. Lyneham High School - Hancock and the Night time ensemble | 3.30pm | 4.55pm | 5.05pm | 6.45pm |
| Rock Bands                               | 5. Lyneham High School - Ash Sorenson | 3.30pm | 5.05pm | 5.15pm | 6.45pm |
| Rock Bands                               | 6. Lyneham High School - Arthur and the Kings | 3.30pm | 5.20pm | 5.30pm | 6.45pm |
| Rock Bands                               | 7. Lyneham High School - Every Chance to Groove | 3.30pm | 5.30pm | 5.40pm | 6.45pm |
On Monday 7 April, a launch for a new body image program for Mental Illness Education ACT (MIEACT) was held at the National Gallery of Australia during National Youth Week.

Lyneham High students were among several young people across the ACT who entered the “Note to self: Anybody’s Cool Design a Postcard Competition”. These designs were exhibited as part of the launch celebrations, including official ribbon cutting following an announcement of the competition winners.

Zanthia Byrne (year 9) won a prize for her entry depicting the competition’s official theme to challenge negative body image influences and improve self-esteem. Zanthia’s ‘note to self’ on her postcard design wrote “Don’t give up, it always gets better”.

Congratulations Zanthia on your achievement, and also to the following Lyneham High students who also submitted entries: Jaime-Lee Stone, Tilly Townsend, Priya Guha, Siena Pritchard, Mia Carr, Jesse Kamminga, Sarah Barnard, Olivia Perry, Adriene Nunn, Iris Viduka and Stella Gietzel. All of these students received an official thank you letter from Mental Illness ACT, and a complementary cosmetic sample pack, courtesy of the Body Shop.

Anne Flynn, Youth Support Worker
Youth Homelessness Matters Day

On Wednesday, 9 April, the launch for Youth Homelessness Matters Day was held at the ACT Legislative Assembly. This event aims to raise awareness and understanding of youth at risk experiencing homelessness in the community. Young people were encouraged to submit artworks based on the theme of youth homelessness and these artworks were displayed as part of the launch hosted by the Youth Coalition of the ACT and the ACT Minister for Housing, Shane Rattenbury MLA.

Lyneham High student Tilly Townsend (Year 10), had her painting displayed as part of the exhibition. Congratulations and well done Tilly!

Anne Flynn, Youth Support Worker
Running Festival

The numbers have been tallied and the results are in!

Blaxland had the winning total of 1003 points.
Mitchell came in second with 785 points.
Hume came in third with 753 points.
And Sturt came in next with 720 points.

This means the overall results are

<table>
<thead>
<tr>
<th>LHS House Comp</th>
<th>Blaxland</th>
<th>Hume</th>
<th>Mitchell</th>
<th>Sturt</th>
</tr>
</thead>
<tbody>
<tr>
<td>Latest Total</td>
<td>1446</td>
<td>1415</td>
<td>1329</td>
<td>1182</td>
</tr>
<tr>
<td>Running Festival</td>
<td>1003</td>
<td>753</td>
<td>785</td>
<td>720</td>
</tr>
<tr>
<td>Swim Carnival</td>
<td>443</td>
<td>662</td>
<td>544</td>
<td>462</td>
</tr>
</tbody>
</table>

The Age champions for the Cross Country event are as follows.

<table>
<thead>
<tr>
<th>Age Group</th>
<th>Champion</th>
</tr>
</thead>
<tbody>
<tr>
<td>12 Year Boys</td>
<td>Conall Minchin</td>
</tr>
<tr>
<td>12 Year Girls</td>
<td>Aoibhinn Crimmins</td>
</tr>
<tr>
<td>13 Year Boys</td>
<td>Davis Atkins</td>
</tr>
<tr>
<td>13 Year Girls</td>
<td>Zoe Cuthbert</td>
</tr>
<tr>
<td>14 Year Boys</td>
<td>Shae Thornton</td>
</tr>
<tr>
<td>14 Year Girls</td>
<td>Elise Palethorpe</td>
</tr>
<tr>
<td>15 Year Boys</td>
<td>Mitchel Braithwaite</td>
</tr>
<tr>
<td>15 Year Girls</td>
<td>Eilis Fitt</td>
</tr>
<tr>
<td>16 Year Boys</td>
<td>Quang le</td>
</tr>
<tr>
<td>16 Year Girls</td>
<td>Shantelle Colman</td>
</tr>
</tbody>
</table>

More details are available online in cLC via the Digital Backpack - [https://backpack.act.edu.au/](https://backpack.act.edu.au/)

Congratulations to all competitors and a big thank you to all students and teachers who participated and volunteered on the day.
LEARN FRENCH

COME TO FRANCE 2015

INFORMATION MEETING IN THE LIBRARY

FRIDAY 30 MAY
5.30pm - 6.30pm

QUESTIONS? ASK MME BRITTON, MME HAYES OR M. BARDWELL
lena.britton@ed.act.edu.au  sharon.hayes@ed.act.edu.au  steven.bardwell@ed.act.edu.au
You don’t need your cLc password
... as long as ...
you log in with the Digital Backpack

Using computers for school is simpler now
You only need your school computer username and password – the one you use to log on to computers at school.

To get to cLc:
   (On school computers, the shortcuts folder has a link.)

2. If you are at home, enter your student number and school computer password. (If you are at school, it won’t even ask you for another password.)

3. Click on cLc (no password required)

(The “Online Learning” icon takes you to “MyLearning”, the new system that will gradually replace cLc.)

One Password to rule them all
ed-space @ headspace ACT
headspace ACT information seminars

Free information and education seminars about youth mental health and wellbeing (ed-space).

Next topic:

Talking with Young People

Tuesday 27th May — 5:30pm for 6pm Start
Till approx 7pm.
RSVP via - phone: (02) 6201 5343 or email: headspaceACT@canberra.edu.au

Details: See our website or call us for more details. Phone: 6201 5343
www.headspace.org.au/ACT

*Presented by intern psychology students from the University of Canberra.

We hope to see you there!
headspaceACT runs free information and education seminars about mental health and wellbeing.

What: Free information and education seminars about mental health and wellbeing.

Who: For parents and carers of young people between the ages of 12 to 25 years.

All welcome.

Where: At headspace ACT, University of Canberra, Bruce.

When: On the last Tuesday evening of the month, starts at 5:30pm for 6pm presentation. Each presentation will run for 1 hour. Tea & coffee provided.

How: RSVP via phone or email P: (02) 6201 5343  E: headspaceACT@canberra.edu.au

<table>
<thead>
<tr>
<th>Date</th>
<th>Topic</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tuesday 25 February</td>
<td>School refusal</td>
</tr>
<tr>
<td>Tuesday 25 March</td>
<td>Anxiety (Special Location: Radford College, Bruce ACT)</td>
</tr>
<tr>
<td>Tuesday 29 April</td>
<td>Depression</td>
</tr>
<tr>
<td>Tuesday 27 May</td>
<td>Talking with Young People</td>
</tr>
<tr>
<td>Tuesday 24 June</td>
<td>Eating Disorders</td>
</tr>
<tr>
<td>Tuesday 29 July</td>
<td>Self Harm</td>
</tr>
</tbody>
</table>

Details: See our website for more details.

www.headspace.org.au/ACT

*Presented by intern psychology student from the University of Canberra.

We hope to see you there!