The staff of Lyneham High School would like to wish you all a very happy and safe Holiday Season!

TERM 4 - WEEK 9 & 10

8 December  | 9 December  | 10 December  | 11 December  | 12 December  
---|---|---|---|---
  |  | New Students Orientation, 3.30pm - 4.30pm |  |  
15 December  | 16 December | 17 December  | 18 December  | 19 December  
Year 10 Graduation, 1.30pm Presentation Night, 7.00pm - 9.30pm |  | Last day of school | Happy Holidays! | Happy Holidays! 
|  |  |  |  |  
|  |  |  |  |  
|  |  |  |  |  

Lyneham High School is built on the traditional lands of the Ngunnawal people. We acknowledge the traditional owners of this land and pay our respects to their elders, past, present and future.
From the Principal

Year 10
Recently we have been very busy with a range of activities to officially mark the last days of high school for our year 10 students. Year 10 Certificate information has been checked and year 10 reports were issued last week. On Thursday 4 December the year 10 Formal was held at the National Arboretum. It is amazing for parents and for members of staff to see how each year 7 boy or girl has so quickly developed into a young man or woman. Many thanks to teachers, particularly Sharon Hayes, Anna Mason and Jason Peters for all their hard work in organising the formal. A big thank you also to those who organised and were involved in the Year 10 Farewell Assembly, in particular Claire Hirschfeld for her great organisation. It was a moving and fun occasion. Finally, I would like to thank all the students for the contribution they have made to the school and all those parents who have worked so closely and positively with the school to make the last four years such a success. I hope to see you all at the final celebration – the Year 10 Graduation Ceremony (Monday, 14 December commencing at 1.30pm).

Year 10 Excellence Awards for Outstanding Achievement in the High School Years
I had the pleasure of attending this award ceremony on Tuesday last week and saw three of our outstanding year 10 students honoured for their contributions to public education – Marco Alberto, Kashmira Mohamed Zagor and Angela Patajo. Lyneham High School also featured in other ways in the ceremony. Tina Nguyen was one of the MCs for the event and Ashleigh Sorenson gave a musical performance of an original song she had written. I feel very proud to be the principal of the school you attended!

Thank you
As this is the last newsletter for this year, I would like to take this opportunity to thank all the fantastic staff at Lyneham High School, in particular, Robin Morrell, Barbara Monsma, Kathryn Cheshire and the rest of the executive team. All of our staff, teachers, teachers’ assistants and administrative staff, make this school a great place for our students – offering them an outstanding education and so many exciting opportunities.

Special thanks to the members of the Board, the P&C and our community generally. Many thanks to Damien McGrath who has been our Board Chair in 2014 and is always so supportive of this school and of public education. Thanks also to Deb Nesbitt who has been a very active P&C president and had many successes in 2014. Thank you both for your hard work and commitment. I hope to see many parents in attendance at our presentation and graduation nights. This is a wonderful way to celebrate the successes of our school.

I would like especially to say farewell to those parents who, at the end of this week, are leaving our school community. I know there are many parents who have had a long association with our school and I hope that you will remember Lyneham High School and its community fondly and that you will continue to support public education.

I look forward to 2015 and I wish you all a very Happy Christmas and a wonderful holiday break. If you are traveling, please travel safely.

Regards
Colleen Matheson
From left to right - Year 10 Excellence Awards for Outstanding Achievement in the High School Years recipients - Angela Patajo, Kashmira Mohamed Zagor and Marco Alberto.

2014 Year 10 Excellence Awards group photo
LHS P&C President’s letter

Well that was a big year! The Lyneham High School P&C really got things done in 2014 and I hope the 2015 committee keeps up the successful parents’ forums we have hosted.

The most recent joint forum with Campbell High and Dickson College on cyber sexualisation of young people was presented by author Melinda Tankard Reist. It drew a good crowd of about 80 people and created a conversation among parents about what they can do to protect their kids. That might include finding ways to allow parents to work more closely with schools so we back up each other’s messages on cyber safety. Thanks so much to the Dickson College P&C President Lee ‘Akau’ola for hosting and setting up the night, and Diana Kerr for supporting it. Many people have asked for more joint forums in 2015.

 Ahead of that, ACT education minister Joy Burch led a parents’ forum early in term 4. Ms Burch chose Lyneham High as her first one-on-one (no minders or cameras) meeting with parents and plans to go to all schools. It was a really welcome contact with our prime education decision-maker. The minister enlightened us on the ACT Government’s plans for tackling projected growth in student numbers in the inner north, funding and potential curriculum changes and other issues.

 The LHS “Extravagant’ Trivia Night was just fabulous - our best yet I would say and certainly the best dressed. Congratulations to the winning table – teachers of course! Parents, we really must not let that challenge go unmet in 2015.

 Best of all, the trivia night helped the P&C come close to meeting its goal of raising $5000.00 this year for the school. It is a little under but we have donated a lot of sausages to the school throughout the year. We also bought a new, really good barbeque for the school and an additional two new water fountains are on the way.

 Thanks to the 2014 P&C committee. I have really enjoyed getting to know you all and working with you - what a great bunch of people! Special thanks to Cindy Trewin, James Cameron and our barbeque man Chris Barnard. I will miss you and the Board that has been such a pleasure to work with. The P&C AGM will be held during its second meeting in week 8 of term 1 in 2015. If you would like to get involved please do come along to meetings.

 We are off to college in 2015, but I will be back as a trivia participant and intend to take the challenge up to the teachers table!

 Thanks for your support.

 All the best for a relaxing and safe summer break.

 Deb Nesbitt
The Lyneham High Trivia night held on Friday 7 November raised just over $4000.00!!! It would not have been possible without the support of the local business community. The best way to show your appreciation is through you your patronage and please remember to thank them for their support when in store.

Lyneham High P&C would like to thank the following sponsors.

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Is your family leaving the area in 2015?

To help with planning and with the ongoing requests for places at the school we would really appreciate learning about any student who will not be returning to Lyneham High School in 2015. Please drop us a letter or email if this is the case.

info@lynehamhs.act.edu.au or
61 Goodwin Street
Lyneham 2602

Thanks for your help.

Barbara Monsma
Deputy Principal (Students)

Congratulations

Lyneham High School students Sam Lambert, Sean Brady and Simon Yung have been selected for the ACT Athletics team competing at the All Schools Nationals in Adelaide from 5-7 December.

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<td>Sean Brady U14 Boys</td>
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We wish you all the best and look forward to hearing about your achievements at the meet.

2014 Annual Art Show

At the annual Art Show this year, we had a wonderful turnout of visitors. We also had Lyneham Primary School students from years 5 and 6 visit on the Friday. There was a great selection of work produced by students to a very high standard.

We also had the opening of our new school café where everyone had an opportunity to have cake and coffee served and catered for by the students.

The People’s choice winners for Artworks were

Year 7: Gabriel Cole and Max Ringland
Year 8: Nina Kosic and Sahana Shyam Sundar
Year 9: Lola Macgillerray and Aroha Sarsfield
Year 10: Danh Doan and Maggie Edwards
Ceramics: Jewel Muller
Photography: Frances Junakovic and Liam Hendrick
Cakes: Lego Cake by Sophie, Meagan, Jasmine and Larissa

Lucky Door Prize: Mark Perkins
From the 2014 Annual Art Show and Lyneham High School Café
In the spotlight this week is year 10 student athlete and school Vice-Captain Harry Muir who is in the AFL program. Harry is the AFL squad captain and conducts himself to a very high standard at all training sessions, leading by example. He has been in the AFL program since year 7 and is now about to leave for Lake Ginninderra College to complete the rest of his schooling.

Harry has been playing AFL since he was 4 and has already achieved a lot in his junior career. He has captained his U17’s Ainslie team and has reached a couple of grand finals.

Harry has represented Lyneham High in AFL and has won the ACT All-Schools Championships going on to the State finals against NSW teams. He has also been a stand out in other school sports such as basketball, softball, Buroinjin, table tennis, water polo, Oz-Tag, Gaelic football and hockey.

Harry is a big advocate of the SEAL program and has spoken at information sessions that have been held at the school, informing parents and community members of what the program has meant to him.

Harry has been a great ambassador for the SEAL program over the past 4 years and we will sorely miss him as he goes on to college to chase his dreams in sport and the workforce.

We wish him all the best for the future.
Who is your favourite sportsperson?
Dyson Heppell & Dante Exum

What is your favourite home cooked meal?
Lasagna

Name the 5 people you would love to have over for dinner –
Patty Mills, Dyson Heppell, Lebron James, Mr Morris & Gary Ablett

What is the best thing about being a SEAL student athlete?
Having the opportunity to have more training time, increase my understanding of AFL and get extra fitness sessions to improve my game for the weekend.

When you’re not training for AFL, what do you most like doing?
Hanging out with my mates, playing NBA 2K on Xbox and eating.

SEAL Highlights

A number of SEAL student athletes are competing at major Australian School Championships (ASC) over the next 2 weeks in basketball, volleyball and athletics and QuikStix summer 9’s Hockey.

1 – 5 December 2014, Canberra.

Freshman Basketball Squad

Coach: Sophie Perkins (SEAL Basketball)
Manager: Mr Roberts
Assistant: Maria Worner

Squad: Ellie Lendon (SEAL basketball), Nikki Worner (SEAL basketball), Pyper Thornberry (SEAL individual basketball), Aideen Watson (SEAL basketball), Hannan Nandan (SEAL basketball), Mickey Williams (SEAL individual basketball), Rosie Corcoran (SEAL basketball), Angela Hoang & Belle Dare.
Junior Boys ASC Volleyball Squad

Coach: Roger Rosser & Angus Faul (SEAL Study)
Manager: Mr Morris

Shae Thornton (SEAL cricket), Sullivan Sharple (SEAL tennis), Jack Roylance (SEAL rugby league), John Veloudos (SEAL rugby league), Grayson Woodham, Mitchell Souter (SEAL rugby league), Jonothan Best (SEAL rugby league), Hywell Milburn (SEAL AFL), Armaan Thind (SEAL cricket) and Guy Richardson (SEAL AFL).
Junior Girls ASC Volleyball Squad

Coach: Miss Dickson

Emma Crocker, Jade Satori, Alicia Meuronen (SEAL study), Anna Ryan, Sarah Dawson, Nina Kosec, Jane Morrison (SEAL study), Janet Malu, Jane Watkins and Mickey Williams (SEAL individual basketball).

Senior Boys ASC Volleyball Squad

Coach: Matt Tyrrell
Manager: Mr Roe

Harry Muir (SEAL AFL), Jack Cosgrove (SEAL AFL), Hayden Richardson (SEAL AFL), Nicolas Sauer (SEAL study), Ash White (SEAL AFL), Tynan Doyle, Robbie Watkins (SEAL weights), Tom Ryan, Brandon Stratford.

Senior Girls ASC Volleyball Squad

Coach: Miss Bryant

Iris Viduka, Sohie Ingham, Mia Carr, Gabriel Slattery (SEAL weights), Em Larkin (SEAL weights), Taylor Mamukic, Tijana Zdravevska, Adriene Nunn, Olivia Perry and Chelsea Souter.

5 – 7 December, Adelaide

Sam Lambert (SEAL AFL) is part of the final ACT team competing at the All Schools nationals in Adelaide competing in the U14’s high jump.

A number of non-SEAL students are also competing in Adelaide. Sean Brady is competing in the 90m hurdles and 4x100m relay and Simon Yung is competing in the javelin, 90m hurdles and pole vault.

All the best in your events.
1 – 4 December, Canberra

Year 9 and 10 Mixed

Coach: Mr Nicholls

Tilda Barrie, Eve Buckmaster, Bronte Agnew, Sarah Dawson, Abbey Connell (SEAL hockey), Zeeshan Jafri, Frazer Miller (SEAL golf), Ricky Dawson and Tessa Slater (SEAL hockey).

Year 7 and 8 Mixed

Coach: Mr Body

Fin Leonard, Oscar Hudson, Jack Hudson, Davis Atkin (SEAL hockey), Riley Nisbet (SEAL hockey), Charley Nisbet (SEAL hockey), Alex Osvald, Branden Fitzsimmons, Ejoy Zhang, Tyler Crandell (SEAL hockey), Oliver Brissenden, Bradley Waddell and Caitlin Waddell.

Thank you

With SEAL now completed for the year, I would like to take the opportunity to thank all the coaches who have contributed to our program over the year. Without the commitment of these coaches, SEAL would not be such an integral program at Lyneham High.

AFL
Basketball
Cricket
Football
Golf
Hockey
Rugby League
Netball
Swimming
Tennis
Weights

Cameron Bernasconi, AFL NSW/ACT
Sean Richardson, Jez Wheeler & Taylor Wallace
Brock Winkler
David Boxshall, Coerver Coaching ACT
Paul Finkle, Yowani Country Club
Mathew Hope, Hockey ACT
Adam Kyle, ACTJRL
Bec Collis & Renae Marshall
Cat Sullivan & Alex Timms, AIS Swimming
Andrew Bully & Daniel Scoee, Canberra Tennis Academy
Chris Lonsdale, Northside Fitness

Thanks to all the coaches of our individual student athletes as well and to the staff of Lyneham High School for their ongoing support of the program.
Important SEAL information

- The deadline for continuation forms to be completed has now passed. If students would like to apply for SEAL for 2015 please see Mr Morris in the PE staffroom for an application.

- SEAL Volleyball is in its final stages of being reintroduced to our program for 2015 with 2 exceptional coaches expressing their interest to train our squad. If you are interested in applying for Volleyball for 2015 please see Mr Morris for more details.

- Students who are playing soccer at a high level in years 9 & 10 are encouraged to apply for SEAL Soccer for 2015. Please see Mr Morris for more information.

- Please be aware that there are costs associated with the SEAL program. Payment is essential as payments are made to our qualified coaches to ensure our program continues to be successful and our athletes continue to get access to excellent coaching. If you have not paid for semester 2, please do so at your earliest convenience.

- Applications are open for a 2015 SEAL rugby league coach. Suitable rugby league coaching qualifications and a Working with Vulnerable People card are essential. Please email eric.morris@ed.act.edu.au for more details.

If you have a SEAL student athlete currently attending Lyneham High or who has previously attended Lyneham High and is achieving some success in their sporting life, I would like to hear from you. Please email me or contact me on the number below so I can include them into future Lyneham High newsletters.

Eric Morris
Health & PE | SEAL Coordinator
W: 6205 6394  |  F: 6205 6411  |  E: eric.morris@ed.act.edu.au
Lyneham High School | 61 Goodwin Street, Lyneham, ACT, 2602
Education and Training Directorate | ACT Government
Year 7 Trip to Luna Park 2014

Early one Friday morning a bunch of year 7s, hopped on three buses and headed up the highway to Luna Park. It was a long journey with a McDonalds stop. Finally we arrived at the big smiling mouth and a photo was taken. As soon as the flash of the camera was gone everyone was already engulfed in the fun ... and fun there was to be had!!

There was the Rotor - the ride to defy gravity, the Maze Runner - a maze filled with scares, the Tango Train - filled with screams and laughter, the Hair Razer - a terrifying DROP!! And a ferris wheel - to relax and view the sites.

After a day of excitement and fun it was time to go. After 3 more hours on the bus and another McDonalds stop we reached our destination, HOME!

By Leila Atteia and Emilie Marceau
Bonnes Vacances!

Year 9 students recently visited Lyneham Primary School and undertook activities teaching a year 3 class French. Repetition of important French words and phrases, singing and PowerPoint presentations were done by the year 3 class. The students managed to do this with great skill and found it a rewarding experience.

Some classes have been busy singing ‘Vive le Vent’, or the French version of Jingle Bells in preparation for Christmas. The French teachers would like to wish everyone a safe and interesting holiday. We have enjoyed teaching our classes this year and look forward to 2015.
Student Forum Happenings

High 5 World Record
Thank you to all of the students who took part in our record breaking attempt! It was lots of fun and showed what great capacity our students have when they all come together to work on something! We are still anxiously waiting to hear if we have set a new world record. Stay tuned!

SunSmart Day and the SunSmartiest House!
Last week the Student Forum held their inaugural SunSmart Day to celebrate the need for all of us to take care of our skin in the sun. Students and teachers took part in a number of events to earn house points and have some fun, one of which was our wet dodgeball match which saw each house play off for a spot in the final. Much fun and moisture was had by all and it seems as though the event will become a regular on our calendar! Well done to all of the student forum members and house captains who assisted with the preparations and on the day.

Students could earn point for their house by
• wearing two or more items of SunSmart gear (and claiming their ice block)
• participation in the wet dodgeball matches
• demonstrating great house spirit
• successfully completing the SunSmart quiz

After the final points tally, the SunSmartiest house was Sturt! Congratulations!
**What:** The Lyneham Enriched Academic Program (LEAP) is a program for students who are academically gifted. Students are placed in all four core LEAP classes – English, Maths, Science and SOSE – for their time at LHS.

**Why:** LEAP classes offer a differentiated curriculum and staff provide enrichment opportunities for gifted students to explore subject matter and ideas in depth.

**Who:** All enrolled LHS students who have not sat the tests in the previous 2 years.

**When:** 9.00am – 1.00pm on Thursday 5 February 2015.

**How:** Email luke.williams@ed.act.edu.au to register your child’s name and to get further information. There will be an application and test payment ($25) due on the day of testing.

The 2014 LEAP Handbook is still available [here](#) and will be updated later this term.

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**Summer Intensive French courses**

Learning French is so much fun!  
*Two weeks from 12 to 23 of January. Snack included!*

Pre-kindy, Kindy & Children: Tuesday to Thursday from 9.30am to 11.30am.

Teens: Monday to Friday from 1.30pm to 4.30pm. You can enrol online, by telephone on 6247 5027, or better still drop in for a visit.

Alliance Française de Canberra, 66 McCaughey Street, Turner ACT 2601  
enquiries@afcanberra.com.au  

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**Pro Tennis hits Canberra**

Canberra Velocity is hosting 2 rounds of the Asia Pacific Tennis League on the 6-7 of December at the Canberra Tennis Centre, Riggall Pl, Lyneham.

The matches will feature internationally ranked tennis players with the team playing at 1pm Saturday and 10am Sunday. There will also be community activities from 10am - 2pm each day including the Australian Open Trophies (Saturday only), Hit the target competitions, speed serve, and ANZ Tennis Hot Shots.

Entry and all activities are free.
REDEEM NOW!

7 DAY FREE TRIAL PASS

Valued at $105

WITH OVER 65 CLASSES PER WEEK!
Including:
Yoga, Les Mills, Zumba, Boxing & More!

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OR
call 02 6162 5633

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info@teamfitness.com.au
www.teamfitnesscentre.com.au