Lyneham High School is built on the traditional lands of the Ngunnawal people. We acknowledge the traditional owners of this land and pay our respects to their elders, past, present and future.

Photos from the Year 7 LEAP Camp
From the Principal

At our last school assembly we celebrated some of the great successes of our students – in the Northside Athletics Carnival, the Burgmann Maths Challenge, ACT Badminton, the Recite Pi Competition and Dance Fest. In all of these activities, students were outstanding representatives of our school.

As you will see elsewhere in this newsletter, Lyneham High School also had a hard fought win at Buroinjin to secure the inaugural Dijjah Whyman Memorial Cup. Many thanks to Jono Boland and all the students involved. Winning this trophy means a lot to the school.

Our last assembly was dedicated to farewelling one of our longest serving teachers, Premila Chand. Premila has worked in our school for more than 17 years and has been a much admired teacher and a much loved person. Premila attended with her husband and son and was treated to a “This is Your Life” ceremony organised by Michael Denmead. Photos from the past were shared and past principals, executive teachers and students, as well as current staff and students, told stories of Premila’s memorable service at Lyneham. One of our bands played a song in honour of Premila and the assembly concluded with whole school singing a specially written version of the school song. It was a very fitting tribute to a great teacher and we all thank Michael for his hard work in pulling this all together.

I also wanted to let you know of a couple of staffing changes that have occurred at Lyneham. Steven Bardwell is on leave until the end of the year. Luke Williams will be acting in his position as executive teacher in charge of SoSE and executive of the year 7 team. Robin Morrell is also on leave for the next three weeks and her position as deputy principal (staff) will be taken by John Batterham. Tim Bowyer will be acting as executive teacher in charge of visual and performing arts during that period of time. I am very pleased that we have such quality staff in our school and I look forward to their contributions to our leadership team.

Over the past few weeks we have gone through a process to determine the 2015 school captains. This is a great exercise in the working of democracy and I would like to thank Lee Dickson and Amanda Murtagh for their work in organising this process. The 2015 school captains will be Andrew Howes and Chido Nyakuengama and the vice-captains will be Bronte Agnew and Patrick Foley. Congratulations to them and to their families! I am very much looking forward to working more closely with them in 2015.

Great things are also happening in our network and cluster of schools. Last week I had the pleasure of attending our cluster spectacular Shake It! – a celebration of the performing arts across the cluster of our inner north schools. Students from kindergarten to year 12 showed just how talented they are and were great representatives for public education. It was wonderful to see students of all ages working together. I love seeing the excitement, concentration and energy of young people connecting with the performing arts whether performing up front or backstage. Many thanks to John Batterham who directed the show and to Chris Zuber of Dickson College for his assistance. Staff from across the schools all gave up a great deal of time to work with students and to give them this experience. We really have a strong sense of community in the inner north!

Strategic Priority 3: Implement the next stages of the Australian Curriculum, including assessment against the Achievement Standards.

Hopefully all parents are aware that this is a major focus for our school. Lyneham High is very much on track with the staged introduction of the Australian Curriculum, implementing it in English, mathematics, science, history and geography and assessing against the Achievement Standards in English, mathematics, science and history.
Executive staff are leading this process and professional learning has been accessed by numbers of staff. In a streamed school, it has been a challenge to develop a whole school approach to assessment especially as we are in a time of transition.

I hope that parents now understand that, for those subjects who are being assessed against the Achievement Standards, a C grade indicates a student is demonstrating satisfactory achievement of what is expected at that year level. This has been a major change in thinking required from all of us – staff, parents, and of course, students.

As I write, executive staff from Dickson College, Campbell High School and Lyneham High School are planning to meet to look at curriculum transitions between high school and college.

**Year 10**

I would just like to draw the attention of parents of year 10 students to the important year 10 dates that are included below. Particularly, I want to emphasise that the last day for year 10 is Wednesday 3 December. Students must attend school right up to the very last day.

I am certainly looking forward to all the celebrations that mark the end of high school for our year 10 students and it is important that these are happy and memorable events for all, particularly for our year 10 students, their parents/carers and our hard working year 10 team.

I do also hope to see many parents attending our Art Show on Thursday 20 November. A poster is included in this newsletter.

Regards
Colleen Matheson

<table>
<thead>
<tr>
<th>What</th>
<th>When</th>
<th>Where</th>
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</thead>
<tbody>
<tr>
<td>Graduation rehearsal</td>
<td>Wednesday 26 November, line 6</td>
<td>Hall</td>
</tr>
<tr>
<td>Transition program</td>
<td>Monday 1 December</td>
<td>Dickson College</td>
</tr>
<tr>
<td>continuing</td>
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<tr>
<td>Final assembly</td>
<td>Wednesday 3 December 9.10am, line 7</td>
<td>Hall</td>
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<tr>
<td>Pool day</td>
<td>Wednesday 3 December</td>
<td>Dickson Pool</td>
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<tr>
<td>Formal</td>
<td>Thursday 4 December 5.30 – 11.00pm</td>
<td>Arboretum</td>
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<tr>
<td>Graduation</td>
<td>Monday 15 December 1.30pm</td>
<td>Hall</td>
</tr>
<tr>
<td>Presentation Night</td>
<td>Monday 15 December 7.00 – 9.30pm</td>
<td>Hall</td>
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</tbody>
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Students are reminded that they need to return all books and equipment borrowed from the school.
Jono Boland started teaching at Lyneham in 2010 and is based in the PE faculty. Over the five years he has undertaken a number of different roles in the school. He has taught health and physical education, principles of sports education (POSE), outdoor education and science. Jono also took on the challenging role of staffing officer for a couple of years.

As a coach of many teams it is not unexpected that Jono is competitive, however, he is also very patient and caring. He is a kind and approachable teacher who also knows how to extend students so they can reach their potential. He is always very proud of the successes our students have in the sporting arena. Jono has been involved in the promotion of Buroinjin, an Aboriginal game. This year under the coaching of Mr Boland the 9/10 team placed second and our 7-10 team won the inaugural Djjiah Whyman Memorial cup.

Jono loves the outdoors and outside of school he also enjoys getting into the garden. Jono is soon to be a dad for the first time. He is very excited and I bet a bit nervous about the arrival of the new baby. Entering a new phase in life, Jono and his wife are about to discover the magic and wonder of parenthood.

Outdoor Education Elective Consideration

Parents and students are asked to consider the course requirements and anticipated costs when selecting an outdoor education program as their elective choice. It is an expectation that students who are placed into an outdoor education class are committed and able to attend all practical excursions and camps as well as complete all assessment items.

Below are approximate costs for 2015 programs. Please note that these prices may change depending on enrolment numbers and the activities that end up running. If you would like to discuss the outdoor education requirements in more detail, please contact the Health and Physical Education Faculty on 6205 6394.

**Year 8 - Semester 1 or 2** (students cannot do both)
Estimated price approximately $350.00 per semester

**Year 9 - Semester 1**
Estimated price approximately $550.00

**Year 9 - Semester 2**
Estimated price approximately $900.00

**Year 10 - Semester 1**
Estimated price approximately $1000 (if choosing SCUBA) or $700 (if choosing Snorkel)

**Year 10 - Semester 2**
Estimated price approximately $1000.00
Our School Captains for 2015

Over the last four weeks, eleven of our year 9 students have been working hard to build their public profiles and convince our students that they were the one to lead out students for 2015.

Our successful candidates are (left to right)
Captains - Andrew Howes and Chido Nyakuengyama
Vice Captains - Bronte Agnew and Patrick Foley

The Student Forum team looks forward to working with all of the students who took part in the elections in 2015.

Board Shorts

Your School Board discussed the following issues at the 28 October meeting:

- The final submissions from faculties for innovation funding
- Our School Budget for 2015
- School uniform policy
- A proposal to refurbish the front office of Lyneham High.

Damien McGrath
Lyneham High School Board Chair
In the spotlight this week is year 9 student athlete **Sophie Perkins**. Sophie has been involved in SEAL basketball for three years. In this time Sophie has represented the ACT at the National Junior Championships in 2012, 2013 and 2014 and has been selected for the State squad over the last three years as well. Sophie coaches North junior teams at club level and she also coaches the 7/8 girls school team which will be competing at the Australian School Championships in week 8.

Sophie is currently playing for Norths in the under 19’s division 1 team.

**Who is your favourite sportsperson?**
Lauren Jackson.

**What is your favourite home cooked meal?**
Spaghetti Bolognese.

**Name the 5 people you would love to have over for dinner –**
All of my close friends and family.

**What is the best thing about being a SEAL student athlete?**
Getting to work on basics and having time to catch up on my school work.

**When you’re not training for basketball, what do you most like doing?**
Relaxing and spending time with my friends.
SEAL Highlights

- Congratulations to **Shae Thornton, Kai Trewin & Shandon Whitehead** for making the ACTAS football (soccer) squad. This is an excellent achievement from three of our SEAL student athletes. Shae is in **SEAL cricket** and has represented the school in various sports throughout the year. Kai and Shandon are both in **SEAL soccer** and have a bright future in the sport.

- The following SEAL student athletes represented Lyneham High at the **ACT Athletics Carnival** held at the AIS on Thursday.

  Zachary Dickason, Angus Faul, Marcus McDonald, Alicia Meuronen, Guy Richardson, Jese Smith-Shields, Ella Vardon, John Veloudos, Sam Lambert and Jade Cumberland

Important SEAL information

The deadline for continuation forms to be completed has now passed. If students would like to apply for SEAL for 2015 please see Mr Morris in the PE staffroom for an application.

**SEAL Volleyball** is in its final stages of being reintroduced to our program for 2015 with two exceptional coaches expressing their interest to train our squad. If you are interested in applying for Volleyball for 2015 please see Mr Morris for more details.

Please be aware that there are costs associated with the SEAL program. Payment is essential as payments are made to our qualified coaches to ensure our program continues to be successful and our athletes continue to get access to excellent coaching. If you have not paid for Semester 2, please do so at your earliest convenience.

**Applications are open for a 2015 SEAL Rugby league coach.** Suitable rugby league coaching qualifications and a working with vulnerable people check are essential. Please email eric.morris@ed.act.edu.au for more details.

Student athletes are expected to inform Mr Morris the day before their training sessions if they are unable to attend their session and provide a note from home.

SEAL training t-shirts are expected to be worn at all training sessions and please be reminded that they are not to be worn during school time.

If you have a SEAL student athlete currently attending Lyneham High or have previously attended Lyneham High and are achieving some success in their sporting life, I would like to hear from you. Please email me or contact me on the number below so I can include them into future Lyneham High newsletters.

**Eric Morris**

Health & PE | SEAL Coordinator
W: 6205 6394 | F: 6205 6411 | E: eric.morris@ed.act.edu.au
Lyneham High School | 61 Goodwin Street, Lyneham, ACT, 2602
Education and Training Directorate | ACT Government

**S.E.A.L.**
Sporting Excellence @ Lyneham

Care Quality Creativity
The winning Lyneham High School team with Andrew Walker (2nd from left) and Djijah Whyman’s father, Paul (3rd from left). Image: Shantelle Hoolihan

Lyneham win at Buroinjin for Djijah Whyman Memorial Cup

Lyneham High School has beaten the ACT Brumbies, Canberra’s UC Capitals and a host of community and schools teams in the inaugural Djijah Whyman Memorial Cup.

The Buroinjin tournament, which is an indigenous form of handball, was held to raise awareness and funds for suicide awareness among youth in the Canberra community.

Named in honour of Djijah Whyman, a young man who took his own life two years ago, the day, despite its sad genesis, was declared a great success.

With high school children playing the likes of the Brumbies, which included some former Wallabies such as Andrew Walker, some might have expected a bit of a one-sided wallowing but the final result was far from a whitewash.

A tournament organiser, Lynd Swan said the final "ended up being between the Brumbies and Lyneham High School and it turned out to be a 5-nil draw so they had a shootout," he said.

And it was a shootout Lyneham won.

And that was a bit of a big deal because Lyneham is where Djijah went to school.

"It just happened Lyneham was the school Djijah went to, so the young fella’s spirit must have been with us there that day," Mr Swan said.

Mr Swan said the success of the tournament was not just measured in the 16 teams ranging from the Capitals, the Brumbies, universities, schools and organisations but also in the community spirit the day engendered.

"It was a good day, the Brumbies loved it, the kids loved it and the kids were able to get their photos taken with famous people like Andrew Walker," he said.

But fundraising was a part of the day and the money raised did go to a very good cause, the White Wreath Suicide website.

"It was pretty successful we thought, we were able to raise about $2,000 and that’s pretty good for a small community," Mr Swan said.

"We donated it to an organisation that deals with suicides, the White Wreath Suicide site."

Mr Swan said the day "was really an eye opener" for the young people who attended and he thinks they did learn a lot about the supports that are in the community for them.

“That’s what we try to tell them, to tell them not to keep it to themselves, talk to people,” Mr Swan said.

“We just basically told them if you’re contemplating suicide talk to someone because often it’s only on the minute’s spur of the moment thing a lot of it,” he said “so the quicker you talk to someone the better it will be.”

Mr Swan said for many Aboriginal young people it was better to talk face-to-face and stressed Elders are always there to talk to.

“You’re better of talking to people face-to-face, not over phone lines,” Mr Swan said.

"Don’t do the spur of the moment thing that everyone will regret."

The community are already planning for events next year including the possibility of a competition rather than a single-day event.

“We’re planning another one, it might be a twilight comp next year,” Mr Swan said.
At the end of term 3 2014, the year 7 LEAP students went on a three day camp to Dubbo NSW. The camp was full of learning opportunities in the areas of science, mathematics, English, geography and history.

The initial bus trip was an adventure of tallying various items for a maths task, including quickly counting the thousands of sheep we drove by. Our first stop was at the Parkes radio telescope where we learned about the expanses of the universe and Australia’s role in watching the skies.

On day two we visited Dubbo Zoo with everyone giving electrifying talks about the animals and exploring their place in the world. All the students also took this opportunity to look at language, Indigenous culture and poetry in the beautiful surrounds of the zoo.

On the third and final day we visited the Old Dubbo Gaol spending time learning about the history of Australian gaols and some gruesome tales. We also were lucky enough to visit Wellington Caves where we learnt about megafauna and were able to handle bones that were millions of years old.

It was a wonderful trip enjoyed by all the students and staff that were lucky enough to go. A big thanks to Ms Richardson for organising and Mr McDonell for taking us as well.
On Friday 31 October, Lyneham High School hosted a visit by a delegation from the Islamic Boarding School PAPB Semarang, Central Java. The delegation was welcomed to the school by our Principal, Ms Colleen Matheson. Gifts were exchanged in the library. LHS students of Indonesian from years 7–10 performed a short interpretation of the *Ramayana*, one of the great Hindu epics, wearing some of the beautiful traditional costumes purchased last year for just such occasions. Following the performance students took the delegates on a tour of the school.

Farewell Wiwit
Indonesian students held a party to farewell Wiwit Prasetyono. Wiwit has been working one day a week with the staff and students this year. We were lucky to have Wiwit, a teacher from Indonesia, at the school to enhance the students’ authentic learning experiences in regard to language and cultural experiences. Thank you Wiwit for your commitment to our students’ learning.

ALC competition Results
Congratulations to the following students for achieving these outstanding results in the recent Australian Languages Certificates examinations.

**FRENCH**
**Year 8:** Alyssa Green High Distinction, Kimia Akbari Credit, Benjamin Samuel Distinction, Nicholas Cameron-Neser Credit, Netanya Robinson High Distinction, Antonio Donald High Distinction.

Two exams in Listening/Reading were held in Years 9 and 10.

**Year 9:** Rachel Cass Credit/Distinction, Beem Kaewmake Participation/Participation, Sarah Kearney 9H3 Credit/Credit, Claire Yung Distinction/High Distinction, Hansheng Li High Distinction/High Distinction, Sayalee Surve Distinction/High Distinction.

**Year 10:** Blake Molyneux Credit/Credit, Angela Patajo Credit/Credit, Gareth Nelmes Credit/Credit
What's Happening in Year 8 SOSE?
By James Ross

This term in year 8 SOSE we have moved on from natural disasters to the fun and interesting topic of urbanisation. We have been learning primarily about megacities and world cities. The difference is that megacities are cities with a population spanning over 10 million people and world cities can be thought of world hubs where decisions are made and global goods are distributed.

In order to help us learn more about megacities, we have been currently watching an exciting documentary on megacities. This show has been leading us on a journey through five of the world’s megacities Dhaka, London, Tokyo, Mexico City and Shanghai. It has explained the positive and negative aspects, the ups and downs of living in these cities. I have found this documentary an eye opener to the conditions people live in. I thought I knew but never took the time to really learn about the social and environmental issues about these cities and the way of life for their inhabitants.

It has outlined the conditions of the slums of Dhaka where friendship and community are a way of life. Its people are held in a dangerous grip due to all the diseases that are allowed to fester in these tightly packed communities and the ever looming threat of flooding since they only live a few meters from the polluted river. Contrasting the outlook on Dhaka with the technological marvel of Tokyo, where people are all equal and the living conditions are some of the best in the world. The negative being the fact that all this technology plus the almost machine way of life is causing more and more people to isolate themselves and take comfort in machines such as their computer instead of being out and about with friends and family.

We are also currently working on an assignment, Changing Nations, Urban Futures Oral Presentation. This is where we are expected to gather information and write a speech to present to the class. Choosing an urban area to investigate what issues or problems are occurring in it and how they can be solved. This assignment is due in week 6 where we will be chosen at random to present our speech. I hope I go well.

This is what we have been learning in the past few weeks and has been a favourite topic as it has really given me insight into the way of life for others outside my own way of life. Personally SOSE is one of my favourite subjects because it covers topics of social relevance. It is one that gives you a better understanding of the world and society in which we all share and live.

James is currently in Year 8 Level 1 SoSE with Mrs Anne Mahony, a pre-service teacher from the University of Canberra.
Lyneham High Art Show
Thursday 20th November 2014
6-8pm

Food

Official Opening 6pm

At Lyneham High School Hall

All Art students can collect their artwork to take home on Friday November 21st
You can now order your child’s book packs for next year by following the below link to OfficeMax. All students were given the order forms in their homegroup to bring home.

The direct link to your online school lists:  www.officemaxschools.com.au

If you have not received the hard copy of the book and stationary requirements with your password, you can find them by following the links below.

- Year 7
- Year 8
- Year 9
- Year 10

Is your family leaving the area in 2015?

To help with planning and with the ongoing requests for places at the school we would really appreciate learning about any student who will not be returning to Lyneham High School in 2015. Please drop us a letter or email if this is the case.

info@lynehamhs.act.edu.au or
61 Goodwin Street
Lyneham    2602

Thanks for your help.

Barbara Monsma
Deputy Principal (Students)
Dear Parent or Guardian:

As you may already know our school is now recycling mobile phones with Australian Mobile Recycling.

For every mobile phone our school collects we will receive $3.00 cash.

We are asking all students, families and friends to dig out any working or non-working mobile phones you have and send them in to school with your child.

Australian Mobile Recycling recommends to all persons sending in phones to restore your phone to factory settings and remove any sim cards or memory cards. If you do not know how to do this or simply forget do not panic as all phones will be wiped of all data and any sim-cards or memory cards that have been left in phones will be destroyed.

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Homework Club

- Have homework?
- Have a project or assignment that needs research?
- Want to study with friends?

Come to Homework Club!

in the Library
Wednesdays and Thursdays
straight after school until 4:15 pm

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Get Involved!

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LEAP TESTING 2015

What: The Lyneham Enriched Academic Program (LEAP) is a program for students who are academically gifted. Students are placed in all four core LEAP classes—English, maths, science and SoSE—for their time at Lyneham High School.

Why: LEAP classes offer a differentiated curriculum and staff provide enrichment opportunities for gifted students to explore subject matter and ideas in depth.

Who: All enrolled Lyneham High School students who have not sat the tests in the previous two years.

When: 9.00am—1.00pm on Thursday 5 February 2015.

How: Email luke.williams@ed.act.edu.au to register your child’s name and to get further information. There will be an application and test payment ($25.00) due on the day of testing.

The 2014 LEAP Handbook is still available here and will be updated later this term.

Anxiety/Depression Group for Girls Starting Soon

Does your daughter experience symptoms of anxiety or depression? If so, she may benefit from participating in a group treatment program to be run at Lyneham High School during term 4.

Based on the principles of Acceptance and Commitment Therapy (ACT), the program will run for seven weeks during class time and will be facilitated by the school psychologists. The group will be for girls currently in Years 7, 8 or 9 who are experiencing mild to moderate anxiety or depressive symptoms, and are currently not engaged in psychological treatment. It is anticipated the group treatment program will become part of a Master of Clinical Psychology research study.
Parents, carers and students are reminded that with the warmer weather students are still expected to adhere to the colour code and dress code of the school. Tops should have sleeves to cover the shoulders and be long enough to cover the midriff. Shorts and skirts should come to mid thigh. Students are encouraged to wear hats and sunscreen when they are outside.

The Youth Worker, Anne Flynn, runs a second hand uniform and so school tops are available for $5 to $15.
**Yearbook 2014**

Are you in Year 7, 8 or 9? Would you like a copy of the Yearbook for 2014?

Great collector’s item, have all four copies, one for each year you attended Lyneham High School.

If you would like a copy of this year’s yearbook, please put in an order with the front office. Pre-payment of $25.00 needs to be paid when you put in your order.

**LYNEHAM HIGH SCHOOL SECOND HAND UNIFORM SHOP**

Short sleeved tops, hooded jumpers, SEAL and Band t-shirts are available for sale

**Prices from $5.00 to $15.00**

For all orders, please email anne.flynn@ed.act.edu.au

**Education Forum: Supporting Education for Migrant and Refugee Families**

The Education Forum is on:

**Wednesday, 12 November 2014**

6.00 pm - 8.30 pm

Community Hall, Cook Community Hub, 41 Templeton St, Cook

A light dinner, including vegetarian food, will be provided. Parents and teachers are invited to attend the annual information exchange between schools, parent groups, teachers and newly emerging communities in Canberra. We ask you to promote this event in your community.

For information please contact Hongsar Channaibanya on 6251 4550 or hongsar.channaibanya@companionhouse.org.au

Please register by Monday 3 November 2014. Contact: Libby Glasgow Ph: 620 59346
Run for Your Lifeline Canberra

Be part of history! Get amongst the first to pound the Parkway!

Distances:
- 5km
- 10km
- Half Marathon

Sunday 23 November 2014
Majura Parkway - Majura Valley

Registrations: www.131114.org.au

All funds raised go towards suicide prevention in the ACT community.
The Bite-sized
Littlest Show on Earth!

CIRCUS

UC HIGH SCHOOL
KALEEN

Under the big-top!
104 Baldwin Drive, Kaleen

TUESDAY 18th NOV
6:30pm

TIX: 0414 823417
www.bitesizedcircus.com

Tickets - limited seats
Standard: kids $13, Adults $18
Ringside: kids $15, Adults $21

www.bitesizedcircus.com
A once in a lifetime opportunity to be at Gallipoli next Anzac Day

You can win a trip for two to Istanbul and Gallipoli in April 2015 by visiting the Australia in the Great War Facebook and just clicking to enter. Competition closes 11 November 2014 so hurry to enter. Anzac day 2015 will be a special time as we commemorate 100 years since the Gallipoli landing and being there will be an amazing experience.

www.facebook.com/AustraliaGreatWar

Competition Closes 11 November 2014