Welcome Back to Lyneham High School 2015

Thank you to the P&C, the STAR and DARE students for supporting the Year 7 breakfast.
Welcome to the 2015 school year – and a very special welcome to those families who are new to our school. The beginning of the school year is always busy and exciting and there are lots of new people to welcome. Students are all in class and are working well. Our year 10 students are enjoying being the leaders in the school and our new year 7 students have settled in very quickly to the school routine. Staff are impressed with how well they are performing.

It is really important that we all understand that parents, students and staff are partners in supporting our students and working towards the best possible outcomes for them – academically, and also personally and socially. If you have any concerns please contact the school and we will work with you to resolve the issue. As I write I am looking forward to meeting some new parents at our year 7 breakfast this Friday 13 February and at our Year 7 Information Night on Tuesday 17 February.

Year 7 Information Night
On Tuesday 17 February we will be holding a special information night for parents of year 7 students, commencing at 6.30pm. This is an opportunity to meet your child’s teachers and to find out more about what is happening in the classroom and across the school. It is also an enjoyable evening and a chance to get to know each other a little better. The evening should finish at 8.45pm.

Course Outlines – by Tuesday 17 November
In each class students are given course outlines which detail such information as course content and learning outcomes as well as assessment and due dates. These should be given to students by Tuesday 17 November. If your son/daughter has not received a course outline for each subject studied, please contact the school and ask to speak to the executive teacher in charge of that subject area.

Staffing News
We have had some staff changes over the break. It is wonderful to have continuity to build on the positive relationships established at Lyneham High School, but it is also important to welcome new staff with fresh ideas and new approaches.

I would especially like to welcome two new executive teachers to the school. Luke Willsmore is joining us as Executive Teacher in charge of Science, MAZE and Assessment and Reporting. Luke comes to us with a wealth of experience and knowledge from Stromlo High School and I am sure he will make a really strong contribution to our school. Leanne Claridge is our newly appointed Executive Teacher in charge of Special Needs and Literacy and Numeracy and joins us from Alfred Deakin High School. Leanne has a lot of experience and knowledge to support our students and staff and is a very welcome addition to our executive team.

I would also like to take the opportunity to thank Ashlee Wilson and Janet Richardson for the contributions they have made in various acting capacities in the areas mentioned above over the past two years. They have really helped our school to maintain its momentum over that period of time and will continue to make a real contribution to our school and community. I thank them for all their efforts.
A big welcome also to the following staff who are new to our school in 2015

Languages: Manfred Lai, Katy Ryan
Mathematics: Johnathon Gerstenberg
Science/SoSE: Josh Ross
SoSE: Halie McCaffrey
Health/PE: Greg Fisher, Ben Williams
Music/SoSE: Galen Ashley
Art: Niki Vanbuuren
Technology: Cathy Wyatt, Chris Lorrimer

Staffing Office: Brooke Jermyn
Food Tech Assistant/Front Office: Beverley Carrett
Learning Support Assistant: Vicky Arvanitis

I always enjoy seeing new staff bring fresh ideas and a whole range of different experiences and knowledge to our school.

Over the Holidays
Over the holidays we had a lot of work done around the school, in particular painting of the ground level corridors and canteen in the main building. We also had four water dispensers installed. Many thanks to the P&C for providing the funding for two of these fountains.

Car Parking
For new parents and a reminder for “old” parents - please do not drive into the carparks to use them as drop off points in the morning. This causes unnecessary congestion in the morning and is very dangerous for the students and adults who are arriving in the school. It is much better to drop off further along Goodwin Street and have students safely walk the short distance to school. Carparks provide parking for staff and for adults coming into the school. The same issue occurs in the afternoon and I would ask parents not to drive into carparks to collect students.

We also have a limited number of disabled parking spots at the front of our school and in carparks. I would ask parents not to park in these spaces without proper authorisation. It is important that these spaces are left for those who need to access them.
Student Successes

A big congratulations to Nick East and Claire Yung who represented the ACT in the BHP Billiton Science and Engineering Awards held in Melbourne this month. These students should be very proud of their efforts. Congratulations!

Finally, I would like to say how excited I am to be beginning the 2015 school year at Lyneham. It was wonderful to witness staff dedication and enthusiasm as they prepared for the school year and to see our fantastic students as they start a new phase of their education.

Warm Regards
Colleen Matheson

News from Angie’s Farm

Angie’s Farm has greeted the new year generously. Like a meal in a slow-cooker, the garden has graced our patient tables with juicy tomatoes, giant pumpkins and zucchini, and some golden ears of corn. The agriculture staff have also been racing against the clock to rescue pears, plums and grapes from the local bird life. Unfortunately, the warm months and lack of students have also given a window to a mass of sneaky weeds. The agriculture students have been working tirelessly and without mercy to take back the farm and are to be commended for their efforts so far.

Over the weekend our small flock of sheep arrived and are already entertaining the students who cycle or walk to school from the east. The two wethers and one pregnant ewe will allow the students to have some real life experience handling and herding sheep, as well as give them some practice for when we attend the Canberra Show later in the month. The agriculture staff would like to thank Darryl Quinlivan for providing the school with the sheep.

Luke Coleman
Ashlee is a hardworking and highly organised teacher of English, with a great sense of humor. In the past four years at Lyneham she has taken on a number of different roles including the development of the Student Voice Project, a member of the Literacy Team and the executive teacher responsible for timetabling and electives.

Ashlee feels her strengths as a teacher include flexibility, creativity and high expectations for her students. Ashlee is passionate about Student Voice. She believes that the most successful learning happens when the students have a say in their experience. She is also dedicated to literacy skill development. Ashlee has discovered a love of databases, data collection and analysis, which she says was highly unexpected.

Prior to coming to Lyneham in 2011, Ashlee was an Itinerant support teacher for hearing impaired students in NSW. She was fluent in Australian sign language and supported signed and spoken language development for children from eight weeks old to year 10. Ashlee spends some holiday time working within a respite program for primary school aged children with special needs.

Ashlee’s hobbies include reading, trying different foods, seeing movies, seeking out coffee, laughing and preparing the nursery for her baby who is due in March.

Ashlee told this story when asked about a Lyneham highlight. "In 2013, I was teaching a Comedy Unit to year 10 and one day I popped out for a bathroom break (I had told the teacher next door that I would be two minutes). When I came back the class were all facing the back wall, they had switched their tables and chairs and were working just as I had left them, but backwards! I walked to the back of the room (the new front) and we all cracked up laughing. It was pure comedy!"
## TERM 1 - WEEK 3 & 4

<table>
<thead>
<tr>
<th>Date</th>
<th>Event Details</th>
</tr>
</thead>
<tbody>
<tr>
<td>16 February</td>
<td>STAR Camp&lt;br&gt;War Memorial&lt;br&gt;Year 10 Students&lt;br&gt;11.30am—3.00pm</td>
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<tr>
<td>17 February</td>
<td>STAR Camp&lt;br&gt;War Memorial&lt;br&gt;Year 10 Students&lt;br&gt;11.30am—3.00pm&lt;br&gt;Year 7 Parent Information Night&lt;br&gt;6.30-8.40pm</td>
</tr>
<tr>
<td>18 February</td>
<td>Musical Production Auditions&lt;br&gt;3.30pm-6.00pm</td>
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<tr>
<td>19 February</td>
<td>Musical Production Auditions&lt;br&gt;3.30pm-6.00pm</td>
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<tr>
<td>20 February</td>
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<tr>
<td>23 February</td>
<td>Assembly (Year 10 Band)&lt;br&gt;Peer Support&lt;br&gt;Year 7 classes/Year 10 Peer leaders&lt;br&gt;10.00am-11.00am&lt;br&gt;Musical Production Auditions&lt;br&gt;3.30pm-6.00pm</td>
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<tr>
<td>24 February</td>
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<tr>
<td>25 February</td>
<td>DARE Camp&lt;br&gt;Lake Tabourie</td>
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<tr>
<td>26 February</td>
<td>DARE Camp&lt;br&gt;Lake Tabourie</td>
</tr>
<tr>
<td>27 February</td>
<td>DARE Camp&lt;br&gt;Lake Tabourie</td>
</tr>
</tbody>
</table>

## P&C Meetings and AGM Term 1

1<sup>st</sup> meeting Wednesday 25 February @ 6.30pm, in the LHS Library
2<sup>nd</sup> Meeting and AGM Tuesday 24 March, Time TBA, in the LHS Library

Cindy Trewin (P&C Secretary)<br>vardonsinnewyork@gmail.com
LYNEHAM HIGH SCHOOL APP IS LIVE

Great News! We now have a mobile phone app. The app gives you the ability to instantly access newsletters, send student absence notifications to the school and receive important pop up notifications from the school. Go to either the Apple App Store or Android Google Play Market and search for Lyneham High School to download the app to your smartphone.

Academic Competitions 2015

A variety of competitions are available for students to enter in 2015. Please see the enclosed form for dates of competitions and entry fees. All students are encouraged to participate. If you require further information about specific competitions please contact the organising teacher of the relevant faculty.

- English & Writing & ACER Languages – Ms Sharon Hayes
- Mathematics – Mr Michael Denmead
- Geography – Mr Brad McDonell
- Science – Ms Danielle Driver
- Chemistry - Ms Emma Davies
- Informatics & Computing – Mr Simon Spinetti

The form with payment should be handed into the Finance Office during the usual opening times.

Barbara Monsma
Deputy Principal (Students)
Permission for use of Google Apps For Education

Lyneham High School believes the use of Information and Communication Technology (ICT) is fundamental in assisting teaching and learning as well as enhancing the ways in which teachers, students and parents can communicate with each other.

The use of web based learning resources and cloud based storage has risen steadily over the last decade and is increasingly being used by teachers across the Directorate to improve student learning outcomes. Lyneham High School is committed to providing a technology rich environment for our students and the use of Google Apps for Education is a positive step towards achieving these important ICT goals.

Google Apps for Education will provide students with a school email service. This email service is hosted on our SchoolsNET domain, enabling better security and oversight. This year will see the trial use of Google Apps for Education in select classes with a view to broader use in 2016. By giving permission for the use of Google Apps for Education students will be given access to the email service, a cloud based file storage option and a virtual learning environment where they can collaborate and access class materials.

As Google Apps for Education requires some personal information from students to be supplied to a third party provider in order to provide the service, and that information will be stored in a location outside of the Education and Training Directorate; we seek your consent to provide access to your child.

Next week, all students will be given the Student Privacy Information sheets and a letter to provide clear information on any student data that may be collected by these services, how the data is stored, used and deleted. The permission note needs to be returned to home group teachers.

If you have any further questions about signing the permission slip or you would like to seek further clarification around the use of Google Apps for Education please do not hesitate to contact Mr Simon Spinetti, Executive Teacher Information Technology on (02) 6205 6411.
Are you in year 9 and thinking about your science investigation project? This is what you can look forward to. Just before school started, we were fortunate enough to be selected as finalists in the 2015 BHP Billiton Science and Engineering Awards for our year 9 science investigation projects. We were invited to a camp in Melbourne for the final judging; also held as an opportunity to meet young aspiring scientists and engineers from all over Australia with whom we could share our ideas and experiences. Various activities were organised throughout the camp, which on Saturday included rock climbing and recording of student interviews. It was very inspiring to speak to and meet like-minded students. When it came down to the project judging on Sunday, we enjoyed presenting our posters and speeches to a panel of judges and being asked challenging questions. Nevertheless, we were both relieved when it was all over and we could enjoy some relaxing tourism to the Melbourne Museum and Zoo.

The next day we were taken to the BHP Billiton Headquarters in the Melbourne CBD. Here there was a number of breakfast canapés and drinks waiting for us, but to be allowed to indulge in them we first had to explain our projects and answer questions by the BHP Billiton staff. After that had concluded we hopped on the bus and were taken to Monash University where we visited some amazing laboratories and saw sharks, axolotls and tens of thousands of zebra fish. We also went to see the world’s largest 3D printer, and went in CAVE2, a 3D simulator. Tuesday was our last day and we had a nice awards presentation lunch at ZINC near Federation Square in Melbourne, which involved talking about our projects to a large number of VIP’s, parents and teachers. Later that afternoon the majority of the people on the camp hopped back on the bus for the last time and went to the airport. Here there were many hugs, group selfies and sad faces. Neither of us won major prizes, yet we can both happily say it was one of the most fun things we have ever done and we both made many friends that we hope to stay in touch with.

Nick East
Claire Yung
# SCHOOL COMPETITIONS 2015

Below is a revised list of the major competitions held by Lyneham High School annually. The asterix (*) indicates competitions LEAP students are strongly encouraged to complete. However, all students at LHS are encouraged to enter these competitions.

PLEASE TAKE NOTE OF WHICH COMPETITIONS YOU HAVE REGISTERED FOR, AS YOU NEED TO HAND BACK THIS ENTIRE PAGE WITH YOUR PAYMENT.

<table>
<thead>
<tr>
<th>COMPETITION</th>
<th>GLcode</th>
<th>DATE</th>
<th>CLOSING DATE</th>
<th>COST</th>
</tr>
</thead>
<tbody>
<tr>
<td>Australian Geography Competition *</td>
<td>-8550-000-01</td>
<td>Tues 31 March</td>
<td>Fri 6 March</td>
<td>$3.00</td>
</tr>
<tr>
<td>ICAS Science Competition *</td>
<td>-02</td>
<td>Wed 3 June</td>
<td>Thur 30 Apr</td>
<td>$8.00</td>
</tr>
<tr>
<td>Australian Mathematics Competition *</td>
<td>-03</td>
<td>Thurs 30 July 2015</td>
<td>Thurs 30 Apr</td>
<td>$5.50</td>
</tr>
<tr>
<td>ICAS English Competition *</td>
<td>-04</td>
<td>Tues 28 July</td>
<td>Fri 26 June</td>
<td>$8.00</td>
</tr>
<tr>
<td>Australian Informatics Competition</td>
<td>-05</td>
<td>Tues 24 March</td>
<td>Fri 27 Feb</td>
<td>$5.50</td>
</tr>
<tr>
<td>ICAS Digital Technologies Competition</td>
<td>-06</td>
<td>Tues 19 May</td>
<td>Fri 10 April</td>
<td>$8.00</td>
</tr>
<tr>
<td>ICAS Writing Competition</td>
<td>-07</td>
<td>Mon 15-19 June</td>
<td>Mon 4 May</td>
<td>$18.00</td>
</tr>
<tr>
<td>National Chemistry Quiz</td>
<td>-08</td>
<td>Thur 23rd July</td>
<td>Mon 25 May</td>
<td>$5.00</td>
</tr>
<tr>
<td>Maths Challenge</td>
<td>-09</td>
<td>Runs for 3 consecutive weeks between March-June</td>
<td>Tues 24 Feb</td>
<td>$22.50</td>
</tr>
<tr>
<td>Maths Enrichment</td>
<td>-10</td>
<td>Runs for 16 weeks in Terms 2 &amp; 3</td>
<td>Tues 3 Mar</td>
<td>$38.00</td>
</tr>
<tr>
<td>Australian International Mathematics Olympiad (AIMO)</td>
<td>-11</td>
<td>Tues 8 September (For students who completed enrichment)</td>
<td>Fri 28 Aug</td>
<td>$16.50</td>
</tr>
<tr>
<td>ACER ALC (Languages)</td>
<td>-12</td>
<td>1 – 31 August Online test</td>
<td>Fri 3 July</td>
<td>$10.00</td>
</tr>
</tbody>
</table>

**TOTAL AMOUNT OWING:**

Student Name: ........................................... Home Group: ............... Payment for: ...........................................

I enclose payment of $.................... Cash □ Direct Deposit □ Cheque □ (payable to Lyneham High School)

Credit Card (NB: Minimum for EFTPOS is $11)
Payment may be debited to your Credit Card account by completing the authority form below: Visa □ Master Card □

Card No: .......................................................... Card Expiry Date: ____ / ______
Cardholder’s Name: (please print) ..........................................................

To make a payment by direct deposit please use Quickweb located on the Lyneham High School website under “Payment”:
http://www.lynehamhs.act.edu.au/payment. Please include student’s name and details of activity/competition when paying by direct deposit.

The finance office is open between 8.30am and 2.00pm Mon-Fri, excluding 11-11.30am on Fridays.
Health and Physical Education News

Welcome to the Health & Physical Education Faculty for 2015. We have been off to a busy and productive start! Students have completed an Indigenous Games unit where they learnt about the cultural and historical significance of games and we are now well and truly underway with our Fitness Testing unit.

Faculty Staff
We welcome some new additions to the HPE Team for 2015. Mr Greg Fisher and Mr Ben Williams have joined the team in Outdoor Education and Health & Physical Education respectively. Mrs Kellie Brazier, Mrs Emma Lendrum, Mrs Cheryl Pole, Mr Eric Morris, Ms Lisa Price, Mr Greg Dunnet, Mr Jonathon Boland, Mr Brad Lynch, Mrs Kate Cecere, Mrs Prue Davies and Mr Nathan Beaver have all returned fit, healthy and ready for the busy year ahead. Staff can be contacted via firstname.surname@ed.act.edu.au or through the faculty phone on (02) 6205 6394.

Occupational Health & Safety (OH&S)
HPE staff have the knowledge and expertise to plan and deliver lessons which are appropriate and suitable for changing weather conditions. Whilst we have kicked off the year with reasonable weather, we would like to reassure families that every care and reasonable judgement is considered in planning for the day ahead. We ask for your assistance in supporting the weather conditions we share by ensuring your child is adequately and safely prepared for lessons. Drink bottles, hats, sunglasses, sunscreen and our white collared PE shirt will ensure your child is as comfortable as possible.

Exceptional Circumstances
At Lyneham High School, all physical education students wear the white collared PE shirt for practical lessons. We would like to thank students and parents for their support and commitment to this requirement. For families new to the school, the white collared PE shirt can be purchased from the school uniform store located at the back of the canteen. Should your child be unable to wear their PE shirt an alternative white collared t-shirt should be worn. May we bring to your attention the limitations and restrictions that certain shoes and clothing bring. Students who wear their PE shirt, sports shorts/track pants and lace-up court shoes participate effectively and are able to access the full curriculum.

Students who are unable to participate due to injury and illness are required to bring a note from home and will engage in the program in alternative ways. Participation in physical education extends beyond the role as player and students will develop their skills and knowledge through officiating duties such as scoring, timekeeping, refereeing etc. Please indicate the expected timeframe the student may be unable to participate. In the event of ongoing illness or injury, a medical certificate will be required. It is essential that students who experience asthma or breathing difficulties bring their reliever medication with them every lesson.
Whole School Swimming carnival - Monday 2 March 2015
Our annual Swimming Carnival will be held on Monday 2 March at Dickson Swimming Pool. Student attendance is expected on the day as per any regular school day. Shortly, all students will be issued consent forms and information notes which are to be returned as soon as possible.

School Sport Opportunities and Pathways: new procedures for 2015!
All students are welcome and encouraged to participate in school sport opportunities regardless of their skills or experience. Last year, LHS participated in all 27 of the sports on the calendar and 15 of our teams went on to become ACT Champions. Over 316 students were involved—a great opportunity for your student to meet new people, try a sport for fun for the first time, play with highly skilled and talented teammates, build relationships with teachers outside the classroom, and perhaps even go on to win a major title at a major competition!

As of 2015, the 12 years and under sporting trial dates and permission notes will be emailed home to relevant families. Families who wish to receive notices must send an email to lisa.price@ed.act.edu.au to join the distribution list. Notices will be forwarded immediately upon arrival and it is hoped this will reduce the anxiety surrounding student absenteeism and at times, short notice regarding trial dates. Regretfully, we do not have the capacity to tailor emails personally to your student’s sport, however you are welcome to leave the distribution list at any time.

The process for 13 years and over sports remains the same as previous years. Students will be informed via the student notices of upcoming competitions and be asked to sign up as an expression of interest. Trial dates will be set by the coach and team selections made. A training program will commence to build the skills and teamwork capacity of the players. Players will receive information and consent forms to be taken home which will provide all of the details surrounding travel arrangements, arrangements for food and safety equipment, uniform and medical information. These notes contain deadlines in relation to giving consent and making payment. We ask all parents strictly adhere to the timeline as late consent and payment will put the overall team’s entrance in jeopardy.

Celebrating Student Sporting Success
Regretfully, it is impossible to know of all the successes and accomplishments of our students along their sporting pathway, particularly outside of school. We would love to hear about all our students sporting achievements and ask parents to email their HPE Teacher with as much detail as possible so that we can celebrate students at assembly and through our newsletter. Previous experience has taught us that our students are quiet achievers and incredibly modest; we do thank you for taking the time to inform us.
Health
We will soon undertake our first blocks of Health for the year. Students will intensively study the following topics and will complete an assessment task at the completion of the units.

Term 1
Year 7 - Personal Identity & Relationships
Year 8 - History of Sport
Year 9 - First Aid including CPR
Year 10 - Sexuality and Relationships

Health units are designed to inform and educate our students, as well as develop skills and challenge their pre-conceived ideas. Parents play a vital role in supporting students to formulate their opinions, judgements and decision making strategies. Children who feel supported by their immediate family, friends and teachers are likely to successfully analyse and predict risky behaviours and develop considered plans and strategies to support them in harm minimisation. You can support your child/children and maximise their understanding and learning by doing the following.

* Asking questions about the content – what did you discuss in class today? What activities did you complete? What did you take away from them?
* Enquiring about your child’s views on the topic – before the unit has begun, during, and at its completion. Have you noticed it has changed?
* Supporting your child to develop a contingency plan with their decision making process. It is hard to make the right decision every single time. How would you like your child to respond if things are not running to plan/if they feel they are not in control of a situation? Who would be available to support them, day or night?
* Reading the assignment sheet and helping your child ‘unpack’ it - they may not need help with it, although they may benefit from guidance in the right direction. Tasks are designed to challenge and be thought provoking, not necessarily regurgitate information from class or websites.
* Contacting your child’s HPE teacher to find out more about the unit if you would like further information on topics and themes.

Lisa Price and the Health and Physical Education Team.
Lisa.price@ed.act.edu.au
(02) 6205 6394
In the spotlight this week is year 10 student-athlete **Hannah Klep**. Hannah is in the Individual program and participates in equestrian. Hannah has been selected into the NSW State Camp which includes the 15 top riders under 25 across NSW and ACT. To be included into this squad Hannah’s results from school representation, individual competitions and various other representative teams including ACT and NSW were considered. One of Hannah’s highlights of 2014 was earning a **third place** in the State Inter-School Championships in Dressage where she represented Lyneham High against schools from Queensland, NSW and Victoria. This result qualified Hannah for the National Championships.

Currently Hannah is training 21 hours a week for upcoming inter-school competitions where she will represent Lyneham High.

Hannah is aiming to be selected into the NSW squad for 2015 and from this make the National team. In order to do this, Hannah must place third or higher in the State Championships.
60 Second Shootout with.....

Hannah Klep

Who is your favourite sportsperson?
Megan Jones – Eventing Olympian

What is your favourite home cooked meal?
Spaghetti Bolognaise

Name the 5 people you would love to have over for dinner.
Mr Morris, Megan Jones, Nelson Mandela, Martin Luther King & Barak Obama

What is the best thing about being a SEAL student-athlete?
Being able to have extra time to train and the flexibility that SEAL and Lyneham High give me. Other riders I compete against are very jealous of the advantage I have due to SEAL.

When you’re not training for Equestrian, what do you most like doing?
Socialising with my friends.

SEAL Highlights

Conall Minchin who is in the SEAL Study Program competed over the Christmas holidays as part of the ACT Optimist Sailing Team in the Australian International Optimist Dinghy National Championships (youth sailing) in Fremantle, WA. Conall competed in the National Intermediate Optimist Division against 78 other young sailors from all over Australia in a highly competitive series of 15 races over 5 days. The conditions were very challenging with large swells and strong winds which was a big change from Lake Burley Griffin.

Conall managed to win the regatta and the National Intermediate Championship with outright wins in 5 of the 15 races and solid placing in many others which is a great achievement since he has only been sailing for just over one year. The history of this competition includes almost all Olympic sailing medallists that competed in the London Olympics.

Not only did Conall perform well in the dinghy but he was also awarded the fleet Sportsmanship Award in recognition of his behaviour on the race course and particularly because the finish boat noted the way that he encouraged and congratulated fellow competitors regardless of his individual results. If he won, he would wait for the next few competitors and cheer them on and if he was further down the placings, he would yell out to the winners congratulating them.
Good Luck to **Zoe Cuthbert** from year 9 who is competing in the Oceania Championships and Australian National Championships in mountain biking from the 23–27 February and the 10–13 March respectively.

**Important SEAL information**

- SEAL commences in **week 3** and all student-athletes have been given their information packs. These packs must be signed and handed in to Mr Morris prior to their first training session in order to leave the school. There will be no exceptions.

- Payments for the program are due on **6 March, 2015**. Payments are essential for the SEAL program to continue running and for us to continue getting the best coaches available.

- A **reminder** that upon leaving the school student-athletes must be wearing their SEAL polo shirts and sign out at the PE staffroom. Students then must change into their training shirts and wear these during training sessions. This agreement is part of the SEAL Code of Conduct which all students have read and signed and must be adhered to.

- Students will be issued their **sign out sticker** once they have received their student ID card in the coming weeks.

- Student-athletes are expected to inform Mr Morris the **day before** their training sessions if they are unable to attend their session and provide a note from home.

If you have a SEAL student athlete currently attending Lyneham High or have previously attended Lyneham High and are achieving some success in their sporting life, I would like to hear from you. Please email me or contact me on the number below so I can include them into future Lyneham High newsletters.

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**Eric Morris**

Health & PE | SEAL Coordinator
W: 6205 6394 | F: 6205 6411 | E: eric.morris@ed.act.edu.au
Welcome to Bring Your Own Device (BYOD) at Lyneham High School

The increasing availability of personal mobile devices such as tablets and smartphones in today’s society has accelerated and changed the way we interact with each other and the world. There is also a widespread demand for new models of learning that deepen the experience, make it personalised and student-centred as well as allow for collaboration and creativity. This is in order to meet the newer and current expectations of teachers, students and parents as to what students should be learning and developing while at school. Schools are now also in a position to harness students’ connection to their own personal mobile devices for the purpose of developing 21st century learning skills and for fostering digital literacy, fluency and citizenship in a safe environment.

With this in mind we as a school staff, were last year engaged in identifying strategies and techniques that enable all students to be able to engage fully in classroom activities and learning. The conclusion that we came up with was not something new to education but will be new to this school. It’s a concept based around a number of factors including access to reliable ICT to as many students as possible, cost effectiveness and contributing to sound and dynamic educational concepts.

The central core concept to this is the idea of BYOD (bring your own device). This is where students bring their own web enabled device that meets the requirements of the school to use for their learning while at school in most of their classes. Such devices will be capable of connecting to the internet using the school’s Wi-Fi network that was upgraded during the summer holidays.

Now I know that a large number of our students already bring their own Wi-Fi capable device to school so let us be clear here right from the start of this discussion. This concept is not about encouraging and expanding the use of current personal electronics devices (PEDs) such as phones, which do have some uses in the classroom but are not capable of fulfilling the requirements of BYOD. It is about encouraging students to bring to school an appropriate device that will promote engagement and creativity in their learning across all their classes. In order to achieve this a number of issues have to be considered and addressed in order to make the introduction of this concept a success and will take some time. Therefore the school is planning to use the next 6 to 12 months to trial various devices, develop guidelines and policies as well as teaching strategies and approaches to assessment to meet these new expectations. So starting this term you can expect more information from the school regarding:

- school-developed guidelines and supporting documents that involve community consultation to govern the use of such devices in school
- information nights and parent forums about this concept
- advice and recommendations on which devices are preferred by the school for students to use in class. These are likely to be devices such as Chromebooks, small laptops and tablets with a connected keyboard and large screen. We will not be recommending large phones or small tablets as they do not allow easy creation of documents or editing of text, media files or presentations.
Welcome to Bring Your Own Device (BYOD) at Lyneham High School Contd...

This concept also has increased expectations and responsibilities for both parents and students with the management of devices and their use at school. This will involve extra documentation requirements and monitoring of what students are actually using their device for. You may find that your student has already brought home permission notes from some of their teachers seeking your permission to allow some of your student’s details (such as their name and email address) to be uploaded to a third party site. This is being done so we can start the trial process and investigate online learning solutions so please give your permission to these requests.

The ACT Education and Training Directorate is providing policy advice and technical support (the recent Wi-Fi upgrade is one example) to schools to facilitate this process and will provide school based email addresses for students to use so their personal ones can be retained for other purposes outside of school.

We are excited with this new concept and the educational opportunities it will bring so please join us on this journey into a new way of delivering learning to your student.

Keep an eye out for further information through the newsletter, email, school website and parent information sessions at the school.

Simon Spinetti
LHS ICT coordinator
Student Services News

One of the biggest transitions in a child’s life is moving from primary to secondary school, or moving to a new school. It can be a time full of fun, excitement and new experiences, but can also be challenging or worrying for some children. You can help by making sure your child is prepared and feels supported.

What to expect
Secondary school offers new social and learning opportunities. Children are often excited about new friends, subjects, teachers and routines, but secondary school also means a move from the familiar to the unknown, and a whole new way of doing things.

Relationships
Your child will need to meet new peers and make new friends, and establish or re-establish his/her position within a peer group.

Schoolwork
Your child will need to adapt to new teaching and assessment styles, cope with a wide range of subjects, adjust to having different teachers in different classrooms, become more responsible for his own learning, manage a heavier study and homework load, and learn a new and more complex timetable.

Getting around
Your child will have to adjust to a new school campus, find their way around, get to class on time with the correct books and materials, and possibly cope with new transport arrangements.

All the issues above might be particularly challenging for some young people. For example, they might need to manage lengthy travel times or establish a new peer group.

Children starting secondary school might be concerned about getting lost, forming new friendships and peer relationships, handling an increased workload, and being bullied. Parents also worry about these issues, and about whether their child will have the confidence and skills to handle them. These worries are all normal.

Helping your child
You could try these suggestions during or after the time your child starts secondary school:

- Find out the name of the teacher responsible for your child’s overall care, their home group teacher or year coordinator. Make personal contact with this person as early as possible to introduce yourself and ask questions.
- Help your child explore new opportunities. Learning a musical instrument, trying a new sport or joining a drama class might help your child feel more engaged with his new school community.
- Try to make your home as comfortable for study time as possible. For example, ensure your child has a quiet place to study, away from distractions such as the TV or a mobile phone. When the internet is necessary for study, you should keep an eye on the websites your child is using.
Support your child in forming healthy peer relationships. Friendships play an important role in helping your child feel connected and engaged at school.

Let your child know that new friends are welcome in your home. Encourage your child to invite new friends over, or be ready to transport your child to their houses.

Talking to other parents can be a good way of checking whether your child’s experiences and feelings are similar to those of others. Sporting and school events are a good place to meet other parents.

Try to make sure your child gets plenty of sleep. The change to secondary school is likely to make your child more tired at first.

**Be prepared for the early ups and downs.** Adjusting to change takes time, but if things don’t stabilise after the first six weeks, talk to your child’s home group teacher in the first instance.

Your child’s transition to secondary school is a big change for you too. Your relationship with your child’s primary school might be ending, and you’re likely to have a new and different sort of relationship with your child’s secondary school. It’s OK for you to have mixed feelings about these changes. And don’t be surprised to find that your child doesn’t want you to be as visible at his secondary school as you might have been during the primary years. Remember that your support will still be needed outside of school, and that it’s all part of your child developing greater independence.

**Signs your child might be having difficulty**

Keep an eye out for changes in eating habits, sleep and physical activity patterns. These can be key indicators that your child may be struggling with an issue. Likewise, support them with a good healthy diet, ensuring they get adequate sleep and encouraging daily physical activity.

Signs your child might be struggling include:

- a lack of involvement in the new school
- little or no talk about new friends
- refusal to talk with you about school
- little or no interest in doing homework
- low confidence or self-esteem – your child might say she’s dumb or stupid
- no desire to go to school, or refusal to go
- a drop in grades or academic performance

If your child is having trouble, don’t wait for things to improve on their own. Try to get your child talking about how he/she is feeling and see whether you can work out some strategies together. Also consider speaking with your child’s home group teacher, year coordinator or our school psychologist.

If your family is dealing with a personal issue it’s also good to get in touch and let us know, we do not need all the details, so that we can ensure your child receives the support they may require.

See the following website for more information and support.
http://raisingchildren.net.au/articles/secondary_school.html
Participation in work experience is one of the most useful elements of a secondary education. It helps students to make sense of their schooling, assists them in identifying their strengths and helps them to make appropriate course choices. Every student can participate in work experience before they leave year 10.

Successful participation requires students to conduct themselves maturely in the workplace and display enthusiasm for learning new skills and hard work. This will involve keeping up-to-date with schoolwork and displaying sound attitude and attendance. Participants are expected to minimise interruption to their schoolwork by negotiating assessment items and deadlines with each teacher prior to the placement (students will need teacher approval before attending a WEX placement).

Students are not paid. They aim to gain experience and a good report, which may subsequently prove valuable in gaining employment or an apprenticeship. The work experience placements for 2015 can be made from:

- Term 1: Week 9 and Week 10
- Term 2: Week 9 and Week 10
- Term 3: Week 9 and Week 10
  Other times if negotiated between host employer & school

Placements must be arranged at least four weeks prior to the beginning of the placement. Please note the following.

1. Work experience may **only** be done from Monday to Friday between the hours of 7.00am and 7.00pm and **not** in school holidays (some may be negotiated).
2. You are not allowed to do work experience with (immediate) family members (if unsure please contact me).
3. While the work experience coordinator will assist, students and parents are encouraged to seek work experience opportunities by making contact with potential hosts (employers).

Students are also able to apply to begin a school based apprenticeship while at school in year 10. This is called an ASBA (Australian School Based Apprenticeship). It is strongly recommended that students complete 1 or 2 work experience placements in the industry area before embarking on an ASBA. Successful applicants attend training (at an RTO such as CIT) and work (one day during the week) while continuing their schooling. Successful completion of an ASBA enables the student to achieve a nationally recognised qualification (usually Certificate II). This is worthwhile but students must be aware that they will have to work hard at their schoolwork if it is not to suffer. Please contact Mrs Moir for more information about the organisation of ASBAs.

Melissa Moir  
Melissa.moir@ed.act.edu.au  
Work Experience Co-ordinator  
Lyneham High School  
Ph.6205-6414 or 6205-6398
White Card & Asbestos Training

If your son/daughter wishes to undertake a work experience placement in a ‘trade’ industry, e.g. carpentry, building, plumbing, electrician, landscaping, etc., it is mandatory that they complete the White Card and Asbestos Training Course. I have booked for these courses as follows.

White Card Training: 23 March 2015 (MBA Training)

Asbestos Training: 24 March 2015 (MBA Training)

There is a cost associated with both these courses which applies regardless of whether you complete them through the MBA or another Registered Training Provider. Once the courses have been completed successfully, you will need to pay a further cost to obtain the card from the Office of Regulatory Services.

Places are limited for these courses, so should you wish to nominate your son/daughter, please email/phone me as soon as possible. Further information about the course will then be given to you with times, costs etc.

No student can attend a work experience placement in a ‘trade’ area unless they have the White Card and Asbestos Card

Information regarding the training dates and costs will be forwarded to email addresses by Friday this week for those who have expressed an interest. The courses will be delivered by the MBA, at Lyneham High School.

Please email me with concerns or questions that you may have regarding these courses.

Kind regards,

Melissa Moir
6205 6414/6205 6398

Attention sopranos:

Tobias Cole, one of Canberra’s leading choir conductors is starting a new choir for boys and girls, Lyneham High Voices, which will rehearse at 8.00am on Wednesday mornings. If you would like to join this choir please contact Tobias on 0437 375 976 or tobiascole@hotmail.com.
Have homework?
Have a project or an assignment that needs research?
Want to study with friends?

Come to

Homework Club

in the Library

Wednesdays and Thursdays

straight after school until 4.15pm
cyber{smart:}

Internet privacy in an age of oversharing

We are holding an information session for parents on:

Tuesday 24th March
6.30pm @ Lyneham High School

Join in the discussion with an ACMA Cybersmart expert.

Arm yourself with the knowledge of ‘what’s trending’ and how to assist your child

navigate www.cybersmart.gov.au
ACCEPTABLE CLOTHING
SUNSAFE & RECOGNISABLE AS L.H.S
Clothes must follow the colour code of LHS, an item purchased from the
school uniform shop or plain BLUE or plain MAROON

- Tops must be long enough to cover the midriff and have sleeves. Tank
tops, singlets, muscle tops are not to be worn.
- Make-up and jewellery must be kept to minimum. Spike/stud jewellery or any other item that could be used as a weapon are not to be worn.
- Logos/pictures should be no larger than a 10cm circle. Pants, shorts & skirts should be dark coloured.
- Closed in shoes must be worn. Moccasins, Ugg boots, thongs or sandals are not to be worn.

- Hats should be worn outside, but not in class.
- Ideally students should wear where a school top or jumper.
- Skirts & shorts should come to mid-thigh. Multi-coloured clothes wear including short skirts/shorts, low-cut tops and pants are not to be worn.

Physical Education – white PE t-shirt, blue or black sport shorts/track pants & joggers
Science & Technology – long hair must be tied back

Peer group competition with clothing is not welcome. Clothing with racist, sexist or anti-social slogans are not to be worn at any time.

Students who are on the oval or basketball courts must wear the above colour code or they will be required to move to the quad or indoor areas. This policy is to make it easier for staff and students to identify intruders.

Remember that the Youth Worker, Anne Flynn, always has a range of second hand tops.

For further information or questions about dress code feel free to contact the Deputy Principal (Students) Barbara Monsma.
Message to families of high-school and college students from the National Disability Insurance Agency

Dear Families

The National Disability Insurance Agency (NDIA) has started working with ACT residents who may be eligible to access the NDIS. The schedule for when people start working with the NDIS is referred to as ‘phasing’. The current phase, January-March, is for students in years 7-12. From March, the NDIA will be focussing on primary school age children.

In order to meet with the NDIA to see how we may help you and your child, you must submit an NDIS Access Request Form.

In November and December 2014, the NDIA phoned the families of every child in years 7-12 accessing a Disability Education program then posted or emailed the forms to each of those families. So far, we have not had all the forms returned.

If you have an NDIS Access Request Form, please complete this paperwork and return it to the NDIA as quickly as possible so you can meet with us before the end of the phasing period. If you need help to complete the forms or have any questions about the NDIS, please ring the ACT office on 6146 8200.

The NDIA is also running pre-planning workshops – a schedule is on the NDIS website http://www.ndis.gov.au/news/events.

More information on the NDIS can be found on the NDIS website www.ndis.gov.au

Engagement Team - ACT Trial Site

National Disability Insurance Agency
INTRODUCTION TO

YOUTH WORK

Do you want a job where you get lots of variety, get to work with people and make a real difference?

If so – you should check out a career in Youth Work.

This Workshop in Youth Work will give you a taste of the industry, an opportunity to visit a number of services and see what working in the Youth work sector is really like. You’ll also get some entry level qualifications that are necessary to work in this industry (these can be used in other industries as well). Youth Work is a growth industry with many future employment opportunities.

This is a free program (as it is subsidised by the ACT Education and Training Directorate). Morning tea and lunch will be provided. Students can access support with transport (e.g. bus tickets) if required.

What do I come out with?

Successfully completing this workshop will give you a Certificate of Participation and four Statements of Attainment that are part of CHC40413 Certificate IV in Youth Work:

> CHCPR0701 Identify and respond to children and young people at risk
> CHCCOM403A Use targeted communication skills to build relationships
> HLTHIR403C Work effectively with culturally diverse clients and co-workers
> HLTAID003 Perform First Aid

After the course, students will be offered work experience at Youth Week.

Workshop details:

WHO: Anyone aged 15-17 years old (Year 10-12)
START: Tuesday 24 February 2015
FOR: 7 weeks in Term 1, 2015, 24 Feb - 7 April
Every Tuesday and two Wednesdays (25/2 and 1/4) excluding holidays
TIME: 9.30-3.30 (Arrive 9 for 9.30am start)
WHERE: Club 12/25, Cnr Scotts Crossing & Cooyong St, Civic (next to the skate park)
COST: FREE

How do I apply?

Return your expression of interest and medical forms to: FLQe@act.gov.au
You will need a USI number to enrol, Anglicare can assist you with this process if needed.
For more info
Email: Alison.Dilberardin@act.gov.au
Phone: Jessica (Anglicare) on 6232 2414 or
James (Anglicare) on 6232 2435

Get in quick – there are only 12 positions available
27th CANBERRA

MODEL TRAIN EXPO

SATURDAY 28 March 2015 9am-5pm
SUNDAY 29 March 2015 9am-4pm

University of Canberra High School
104 Baldwin Drive
KALEEN

- 30 Scale Model Railways

Plus
- Displays & Clinics
- Children’s U-drive
- Trade stands

ADMISSION
Adults $10.00, Children / Seniors $5.00
Family Ticket $20.00

Presented by the Canberra Model Railway Club

Supported by

MIX 106.3
CANBERRA, FEEL GOOD
Gungahlin Wildcats Gridiron are recruiting for the 2015 ACT season

Is your new year’s resolution to try something new...What about Gridiron...
Whether your 14 or 40, male or female, there’s a spot for you on the field...
Don't want to play, why not coach or officiate...
Don't know the game, we'll teach you...
If you want to be a Wildcat, or would you like to sponsor the Wildcats, then PM us on Facebook or email us at gridiron@gungahlinwildcats.org

Interested in playing Netball in 2015?

Inner North Netball Club is looking for you!

Registration Day
14 February 2015 9.00am – 3.00pm

Team Allocation Day
21 February 2015 (Time dependent on division)

CNA Netball Courts, Southwell Park
Northbourne Ave, Lyneham

For more information contact us at:
innetball@gmail.com www.innc.asn.au
facebook.com/innernorthnetballclub