STAR vs. DEAKIN Inaugural Aussie Rules Match

PRESEASON

The STAR girls have been working on their Australian Rules football skills in physical education classes this term, in preparation for their match against Alfred Deakin in week 5. With very few class members having any football experience, the girls were very keen to learn some new skills. The girls all consistently gave a great effort in class every lesson, listening to instructions and trying new drills. Their enthusiasm coupled with their competitiveness saw them achieve significant improvements in their ability.

THE BIG MATCH

Finally the exciting game day arrived! The girls played two halves of football. The year 9 STAR vs. year 9 Deakin teams started off the match. Deakin girls had a good run and scored a couple of points to start off. The STAR team then got a great goal giving them the lead. The first half finished with STAR leading 16—15. Tijana Zdravevska, Kylie Aylott and Eve Buckmaster made some great runs up the field. Lucy McLennen and Neema Boke made some great tackles. Sophie Perkins, Taylor Mamukic and Ailis Wann also did a great job in the middle.

The year 10 teams played the second half of the game and were keen to go out hard against Deakin. They kicked a few quick goals and extended the STAR lead. Kayla Dickie was an amazing full forward, kicking several goals under pressure. Olivia Perry rucked full field and passed constantly to our followers. Nina Schuster ran through about 10 Deakin girls trying to tackle her and put Lyneham in scoring position yet again! Sophie Ingham, Mia Ratkovic, Maria Qaiser, Em Larkin and Jodie Kirkness all played very well and contributed significantly to the win!
The final score was 58—17 to Lyneham STAR. This score is a reflection of our student’s hard work and motivation during the lead up to the match. They deserve to be commended on their efforts and achievement.

**FUTURE**

The STAR girls already can’t wait to extend their lead and want back-to-back wins as this game will now be an annual term 4 event! Many of the girls have expressed interest in joining the local Youth Girls football club teams.
From the Principal

Trivia Night
Congratulations to the P&C for making our trivia night such a great success. It was a real team effort and was extremely well run and enjoyable, with great prizes from our generous sponsors. I’m sure all those who attended had an enjoyable time and appreciated the opportunity to be part of another positive community event. The teachers’ table was pretty excited at returning to the winner’s podium again this year! Parents, you need to start studying up for 2015!

It is a very busy time of year at Lyneham (actually, I feel like I say that every newsletter!). Staff are focused on completing their marking and reports and, of course, there is a lot of work associated with the final weeks of year 10. At the same time we are preparing timetables, staffing and plans for 2015. I would like to stress to all parents of year 10, the importance of students attending school every day and being actively involved in class.

Many parents visited our art exhibition last night. We really do have so many creative students and staff at this school. The canapés provided by our café students were delicious and the musical entertainment set just the right tone. Many parents spoke to me about the fine quality of our students’ art work. Thank you to all the staff and students who made this exhibition such a success – not just in the days leading up to the exhibition, but throughout the school year. A special thank you to Anne Widdup and Alex Grieve for all their hard work in setting up the art displays and to Lyn Dickson and Sue-Ellen Carson for their contributions. A special thank you to Tim Bowyer for managing and supporting this big event.

An annual highlight of the LHS year is always the performance of our massed bands. When up to 500 students play together, it is simply amazing! Staff and students all support each other and it’s great to share in the sheer enjoyment that they all experience in performing together en masse. I know that parents were thrilled and delighted to see the progress that students make over four years at the school. Well done to everyone concerned – and particularly our music staff.

Another highlight of the last couple of weeks has been the Indonesian mock wedding. I was very impressed at how confident and proficient students are becoming in the spoken language and I really enjoyed the performances, including the singing, dancing and exhibition of martial arts. Congratulations to all involved and particularly to our hard working Indonesian teachers, Nor Idris and Rebecca Battaglini.

On Monday, at our school assembly, I spoke to the students about how working together as part of a group, supporting each other and giving back to the community increases happiness and good health. Students don’t have to go overseas or work in a remote area to help others – they can help their classmates or work on a project to give to others in our community. Whether it’s being involved in fund raising, or putting yourself out there as a contender for school captain, helping and supporting each other is really important. We will all reap the benefits of this.

As the weather warms up and many of our students are involved in end of year and fun lunch time activities, we seem to be having a spate of injuries. Luckily most are minor. I ask parents to speak to your son/daughter about being safe and encouraging them to wear safety gear. While this is not always mandatory, it does help to protect against injury. I would like to draw your attention to the following statement from our Directorate.
Student Injury Insurance and Ambulance Transport

The ACT Education and Training Directorate does not provide any insurance cover for injury, disease or illness to students resulting from school activities or school-organised excursions. Claims for compensation are met where there is a legal liability to do so. Liability is not automatic and depends on the circumstances in which any injury, disease or illness was sustained. As there is no automatic insurance cover for personal injury if your child is injured at school or during a school organised activity/excursion you should therefore consider whether taking out personal insurance cover for your child is warranted.

This insurance might cover contingencies including medical/hospital expenses, ambulance transport outside the ACT, and cancellation of transport/accommodation or loss of/damage to luggage. The ACT Ambulance Service provides free ambulance transport for students who are injured or suddenly become ill at school or during an approved school organised activity within the ACT.

Congratulations to those year 9 & 10 students who were invited to attend an ICAS (International Competitions and Assessments for Schools) High Achievers’ Reception:

Maxwell Ashurst (yr 9) – English and Science
Kirsten Butt (yr 10) – Science
Lauren Duong (yr 10) – English
Zoe Hills (yr 10) – English
Jonah Nelson (yr 10) – English
Marat Roster (yr 10) – Science
Aileen Wu (yr 9) – English and Science
Any Yin (yr 9) – English

Well done to you all.

Regards
Colleen Matheson

**Year 10 end of year**

<table>
<thead>
<tr>
<th>What</th>
<th>When</th>
<th>Where</th>
</tr>
</thead>
<tbody>
<tr>
<td>Graduation rehearsal</td>
<td>Wednesday 26 November, line 6</td>
<td>Hall</td>
</tr>
<tr>
<td>Transition program continuing</td>
<td>Monday 1 December</td>
<td>Dickson College</td>
</tr>
<tr>
<td>Final assembly</td>
<td>Wednesday 3 December 9.10am, line 7</td>
<td>Hall</td>
</tr>
<tr>
<td>Pool day</td>
<td>Wednesday 3 December</td>
<td>Dickson Pool</td>
</tr>
<tr>
<td>Formal</td>
<td>Thursday 4 December 5.30 – 11.00pm</td>
<td>Arboretum</td>
</tr>
<tr>
<td>Graduation</td>
<td>Monday 15 December 1.30pm</td>
<td>Hall</td>
</tr>
<tr>
<td>Presentation Night</td>
<td>Monday 15 December 7.00 – 9.30pm</td>
<td>Hall</td>
</tr>
</tbody>
</table>

Students are reminded that they need to return all books and equipment borrowed from the school.
Tracey Bailey began teaching at Lyneham High School eight years ago. Previous to working at Lyneham, she taught for five years in the English faculty at Telopea Park School. She is a caring, outgoing and positive role model and has taught in SOSE and the Languages department during her time at Lyneham. Tracey establishes positive relationships with all of her students and cares deeply about equal opportunities and establishing high expectations for all the students in her classroom.

Tracey had the great opportunity to be one of the founding teachers of the STAR program with Angie Parker and sees this as one of the highlights of her career. She continues to work with all the girls and STAR staff team on this incredible program and has had many highlights including the World Expeditions trip to Cambodia and Laos in 2013. Tracey has been lucky enough to combine her love of travel with some other exciting overseas excursions including to Vietnam with our SOSE department. Another of Tracey’s highlights working at Lyneham was the four years she worked as Assistant Year Coordinator alongside Luke Williams with last year’s year 10 cohort.

Tracey absolutely believes that the best part of the job is the students and sees it as a privilege to have the opportunity to listen to them, challenge their assumptions and support them through this sometimes difficult phase of their lives. She would like to see all LHS students leave with a greater sense of their strengths, achievements and future opportunities in life. This is what makes Tracey such a well-loved staff member of Lyneham High.
In the spotlight this week is year 10 student athlete Mia Ratkovic who is in the tennis program. Mia has been in the tennis program for her entire high school life.

Mia has been playing tennis for seven years and has played Nationals for the past three years and played in various tournaments across the ACT and NSW. Mia has won three of the five tournaments she has entered this year and was runner up the other two.

Mia also gives back to tennis taking on coaching roles to junior tennis players. This year she is also taking on the challenging role of coaching adults.

Last weekend at Belwest Tennis Club, Mia participated in a fastest serve event which she won, cracking down a serve of 121km/hr!

---

**60 Second Shootout**

...with Mia Ratkovic

**Who is your favourite sportsperson?**
Roger Federer & Novak Djokovic

**What is your favourite home cooked meal?**
Lasagne

**Name the 5 people you would love to have over for dinner –**
Roger Federer, Maria Sharapova, Leonardo Di Caprio, Chris Hemsworth & Novak Djokovic

**What is the best thing about being a SEAL student athlete?**
The opportunity to get more playing time and learn more things about my tennis game.

**When you’re not training for tennis, what do you most like doing?**
Swim, bike riding, walking in the park and any other outdoor activities.
SEAL Highlights

We have the privilege of having some very successful student athletes who are in the SEAL program at Lyneham High. None more so than Abbey Connell of year 9. Abbey is in the hockey squad and has achieved some outstanding success in her sport. These include:

- 2012 - represented ACT at U13 school girls hockey in Adelaide
- 2013 - represented ACT at U15 National Hockey Championships in Perth
- 2014 - represented ACT at U15 National Hockey Championships in Hobart
- 2015 - has been selected to represent ACT at National Indoor Hockey Championships in Melbourne

We’d like to wish Abbey all the best in Melbourne early next year and congratulations on such an outstanding effort so far in your hockey career.

Important SEAL information

- SEAL has now finished for 2014 apart from rugby league, tennis and netball who have to do their make-up session on the following dates:
  - Rugby League – Friday 21 November (week 6)
  - Netball – Tuesday 2 December (week 8)
  - Tennis – Tuesday 2 December (week 8)

- The deadline for continuation forms to be completed has now passed. If students would like to apply for SEAL for 2015 please see Mr Morris in the PE staffroom for an application.

- SEAL volleyball is in its final stages of being reintroduced to our program for 2015 with two exceptional coaches expressing their interest to train our squad. If you are interested in applying for volleyball for 2015 please see Mr Morris for more details.

- Please be aware that there are costs associated with the SEAL program. Payment is essential as payments are made to our qualified coaches to ensure our program continues to be successful and our athletes continue to get access to excellent coaching.

- If you have not paid for semester 2, please do so at your soonest convenience.
Applications are open for a 2015 SEAL Rugby league coach. Suitable Rugby League coaching qualifications and Working with Vulnerable People check are essential. Please email eric.morris@ed.act.edu.au for more details.

Student athletes are expected to inform Mr Morris the day before their training sessions if they are unable to attend their session and provide a note from home.

SEAL training T-shirts are expected to be worn at all training sessions and a reminder that they are not to be worn during school time.

If you have a SEAL student athlete currently attending Lyneham High or previously attended Lyneham High and are achieving some success in their sporting life, I would like to hear from you. Please email me or contact me on the number below so I can include them into future Lyneham High newsletters.

---

We invite you to attend Afternoon Tea to commemorate Angie Parker’s contribution to Lyneham High School

The Agriculture Plot naming ceremony will be held on

Thursday the 11th of December from 3:30pm to 4:30pm

in the Lyneham High School Library

Please bring a plate to share

We hope you will be able to attend, please contact

Samantha Chapman to RSVP by 8th December

Email: samantha.chapman@ed.act.edu.au
Congratulations to year 10 student Griffin Layton-Scheld!

He is one of the top ranked junior (U19) mountain bike (MTB) endurance racers in Australia and recently won the Highland Fling MTB marathon race held in the Southern Highlands. Not only did Griffin win this event, he was the overall winner of the Maverick MTB marathon series!!!! The series comprised of four of the most iconic and toughest marathon events in Australia.

This is an amazing achievement, Griffin. The Lyneham High School community would like to congratulate you on your hard work, dedication and abilities to achieve this. We wish you all the best for your future MTB events.

Bunnings Barbecue fundraiser

The Lyneham High School year 7/8 girls basketball team and their parents held a very successful Bunnings BBQ fundraiser for the upcoming Australian Schools Championships being held from December 1—5 in Canberra. The girls were the 2014 Northside and ACT schools champions, and are very excited to be playing in the national schools championships. The team has been training very hard and I’m sure the whole school wishes the girls well.
Two groups of students recently walked to the Alliance Française in Turner. There they interviewed young native speakers in French and completed a quiz on French culture. Here are some of the comments made:

The Alliance Française was extremely helpful for our listening and comprehending French, along with the fluency of our speaking and pronunciation.

Manaal Mobin, Jasmine Parker, Rachel Cass—year 9

The Alliance Française was helpful to my French speaking.

Tara Gilfillian—year 9

The French speakers at the Alliance Française were very nice and helped us learn about asking and answering everyday questions.

Richard Luu—year 9

The trip to the Alliance Française has given me more confidence in my ability in French. The teachers there were encouraging and I don’t need to be afraid to speak French.

Allan Ngo—year 9

The best part was the quiz and the biscuit I won.

Sam Yang—year 7

The Alliance Française runs classes for students during term and also in the afternoon from January 12 to 23 in the summer. They can be contacted on 62475027 or enquiries@afcanberra.com.au.
Indonesian Mock Wedding

On Monday 10\textsuperscript{th} November, the year 8 Garuda Rangers held a mock Javanese wedding. This is an annual event for students studying the full-year Indonesian course in year 8.

Students had been studying both language and cultural knowledge related to celebrations in Indonesia, and culminated their unit of work by participating in the mock wedding. Caitlin Waddell starred as Sita Belimbing, the bride, and Davis Atkin as Jaja Bis, the groom. As the bride and groom, they participated in several traditional ceremonies, such as stepping on an egg, feeding each other and the bride washing the groom’s feet. They were ably assisted by their extensive bridal party and parents. The wedding party looked spectacular in their full wedding outfits.

The mock wedding concluded with a martial arts performance and several songs of serenade from the year 9 and 10 Indonesian class. A wedding cake was then enjoyed by all who attended the ceremony. We would like to thank all the staff and students who attended and/or donated cut roses from their gardens to help decorate the hall. It really made for a special day.

We look forward to celebrating another mock wedding next year with year 8 students in Indonesian.

Rebecca Battaglini & Nor Idris
Indonesian Teachers

Year 8 Outdoor Education Camp – Abseiling/Caving

This one time on Outdoor Ed camp, we were in wee jasper and a guy called Jeff showed us his show cave. It was incredibly well preserved, and Jeff was very funny. We saw heaps of different types of caves; American caves, Japanese caves, Vietnamese caves—it was odd that they all looked the same (dark). After that we went to go caving near our camp site, and the caves were very different to Jeff’s—these caves for crawling around in were destroyed and muddy and very few of the original formations were still intact, which was a shame since they were millions of years old. Following caving the group went over to a hole in the side of a hill for abseiling. It was a 15m and a 30m drop, with overhangs at the bottom of both. Everyone was very brave and tried at least one of the drops, despite many people’s fear of heights. It was a great day of activities, but we still had to cook dinner.
There were plenty of varieties for dinner; sausages, curries, steak, spag bol, two minute noodles and there was plenty of tasting of other’s dishes. The next day we took off early to enter the daylight chamber. This is a deep 30m hole down into the cave below, where you cannot see the bottom as it is too dark. Some people chose to walk in, but many chose to adventure into the depths. It was very nerve wracking going down, but you knew you were safe with teachers on the rope above. From there, the entire group went exploring through the dip cave, checking out the cool hiding places and little crannies. We eventually crawled out and went back to the camp to pack up and head home. This was probably one of the best camps I’ve ever been on. Thank you so much Mr Roe, Mrs Cecere, and our two student teachers Andrew and Hayley.

Belle Dare – year 8
Lyneham Enriched Academic Program (LEAP)
End of Year Update

It’s been a busy year for LEAP as we adapt the Directorate’s new Gifted and Talented Policy. This has occurred in tandem with a strategic evaluation of both the program and how Lyneham best caters for the needs of gifted students.

As of today, staff and student evaluations of LEAP have closed. Parents and carers of LEAP students should have received their chance to complete a survey earlier this week but if you missed out, please contact me soon via email as the survey will be closing on Tuesday 25 November.

After months of waiting, LEAP also have a new logo. Congratulations goes to the designer, Sarat Menon in year 10, whose entry into the competition won by a landslide of votes from LEAP students. This logo will now feature on all LEAP material and, if there is sufficient interest in the new school year, on LEAP t-shirts.

Year 7 LEAP students should have already brought home notes for their 2015 year 8 LEAP camp; please don’t forget that while these aren’t due back until February next year, we need most of the class to attend for it to be successful.

Many year 9 LEAP students have been working with mentors from the ANU on a fortnightly basis under the guidance of the Raising Hope program over the past three terms. This has been a new addition to LEAP this year and due to overwhelming positive feedback, I have already secured their services for 2015. This type of mentoring can be invaluable to senior students wanting to ask questions about particular pathways through both college and university. Current year 8 students will be invited to participate in the middle of next year as it’s never too early to start asking the big questions about your academic future.

A special farewell to the upcoming year 10 graduating class – our largest ever LEAP cohort leaving the school at once. The group will be sorely missed from the program and I wish them the best for their studies over the next few years.

To support ACT public schools in their implementation of the Gifted and Talented Students Policy, the Directorate has commissioned Gateways Education to develop a series of six articles over the next three years to provide information to parents and the community about gifted and talented children. The article, “Understanding the Gifted Learners in our Classrooms”, is the first in the series and highlights the characteristics and needs of gifted learners.

This article and further information about the education of gifted and talented learners, including Gifted and Talented Fact Sheets for parents, can be found on the Directorate website.

As always, please don’t hesitate to contact me if you have any questions.

Luke Williams
LEAP Coordinator
Phone: 6205 6414
Email: luke.williams@ed.act.edu.au
LYNEHAM HIGH SCHOOL VACANT SCHOOL BOARD POSITIONS 2015

One (1) Parents and Citizens Association Member
One (2) Student Members
One (1) Staff Member

Nominations open on Monday 2 February 2015 at 11.00am
Nominations close on Monday 16 February 2015 at 11.00am

Voting opens on Monday 23 February 2015 at 11.00am
Voting closes on Monday 2 March 2015 at 11.00am

Appointments will be made by Monday 23 March 2015
Appointments will commence on Wednesday 1 April 2015

The parents and citizens members appointed to the school board represent the views and interests of members of the parents and citizens association of the school. Membership of the parents and citizens association of the school is prescribed in the constitution of the association. Membership is usually open to all parents and carers of students enrolled at the school (including teachers who are also parents or carers of students enrolled at the school) and adult persons residing in the area who seek membership. Parents and citizens members appointed to the school board must ensure that issues and priorities discussed at school board meetings are communicated to members of the parents and citizens association of the school. Parents and citizens members of the school are eligible to nominate and vote for the positions. The parents and citizens member’s term is for the prescribed period (no longer than 24 months). A parents and citizens member may be elected as chairperson or deputy chairperson of the school board.

Student members must ensure that issues and priorities discussed at school board meetings are communicated to students enrolled at the school. Student members attending school or participating in an educational program conducted by the school for a minimum of 12 hours per week are eligible to nominate and vote for the positions. The student member’s term is for the prescribed period (no longer than 24 months). A student member may be elected as chairperson or deputy chairperson of the school board, with support from the other members of the school board.

Staff members appointed to the school board represent the views and interests of all staff, teaching and non-teaching, employed at the school. Staff members must ensure issues and priorities discussed at school board meetings are communicated to all staff on a regular basis. Staff members of the school are eligible to nominate and vote for the positions. The staff members’ term is for the prescribed period (no longer than 24 months). A staff member must not be elected as chairperson or deputy chairperson of the school board.

Kathryn Cheshire
Assistant Returning Officer
Telephone:  62056410     Email:  kathryn.cheshire@ed.act.edu.au
Is your family leaving the area in 2015?

To help with planning and with the ongoing requests for places at the school we would really appreciate learning about any student who will not be returning to Lyneham High School in 2015. Please drop us a letter or email if this is the case.

info@lynehamhs.act.edu.au or
61 Goodwin Street
Lyneham 2602

Thanks for your help.

Barbara Monsma
Deputy Principal (Students)
LEAP TESTING 2015

What: The Lyneham Enriched Academic Program (LEAP) is a program for students who are academically gifted. Students are placed in all four core LEAP classes—English, maths, science and SoSE—for their time at Lyneham High School.

Why: LEAP classes offer a differentiated curriculum and staff provide enrichment opportunities for gifted students to explore subject matter and ideas in depth.

Who: All enrolled Lyneham High School students who have not sat the tests in the previous two years.

When: 9.00am—1.00pm on Thursday 5 February 2015.

How: Email luke.williams@ed.act.edu.au to register your child’s name and to get further information. There will be an application and test payment ($25.00) due on the day of testing.

The 2014 LEAP Handbook is still available here and will be updated later this term.

Anxiety/Depression Group for Girls Starting Soon

Does your daughter experience symptoms of anxiety or depression? If so, she may benefit from participating in a group treatment program to be run at Lyneham High School during term 4.

Based on the principles of Acceptance and Commitment Therapy (ACT), the program will run for seven weeks during class time and will be facilitated by the school psychologists. The group will be for girls currently in years 7, 8 or 9 who are experiencing mild to moderate anxiety or depressive symptoms, and are currently not engaged in psychological treatment. It is anticipated the group treatment program will become part of a Master of Clinical Psychology research study.

For more information please contact Kylie Smith on 6205 6399 on a Monday or a Tuesday.
Dress Code and the warmer weather

Parents, carers and students are reminded that with the warmer weather students are still expected to adhere to the colour code and dress code of the school. Tops should have sleeves to cover the shoulders and be long enough to cover the mid riff. Shorts and skirts should come to mid thigh. Students are encouraged to wear hats and sunscreen when they are outside.

The Youth Worker, Anne Flynn, runs a second hand uniform and so school tops are available for $5 to $15.
STUDENTS PLEASE READ
IMPORTANT INFORMATION ABOUT LOCKERS

Year 10 please empty lockers and return locks to
the front office by Friday 21 November. Anything
left in year 10 lockers after 21 November will be
disposed of.

Years 7-9 please empty lockers and return locks to
the front office by Friday 12 December. Anything
left in year 7-9 lockers after 12 December will be
disposed of.
Carols @ LPAC

Friday 5 December 2014
5:30 - 6:30pm

(musicians arrive 5.00pm)

With Christmas just around the corner, The P&C and LHS Band Program are hosting a community carols event and BBQ on the steps at the back of the Lyneham Performing Arts Centre. Bring your picnic rug and refreshments to join in this community event.

Performing a mixture of traditional and contemporary carols, this event will feature the year 8 and 9 Concert Bands, The Senior Jazz Band, Vocal Group, Special Guest Vocalists and other members of the Lyneham High School Band community as well as a special appearance from Santa.

If you would like to assist with this joyous occasion please contact Sara Cutler at sara.cutler@ed.act.edu.au

Please note, the wet weather arrangement is to perform inside LPAC and barbecue in the under cover area.
• Have homework?
• Have a project or assignment that needs research?
• Need to study with friends?

Come to the Homework Club in the Library

Wednesdays and Thursdays straight after school until 4:15 pm.
Yearbook 2014

Are you in year 7, 8 or 9? Would you like a copy of the Yearbook for 2014?

Great collector’s item, have all four copies, one for each year you attended Lyneham High School.

If you would like a copy of this year’s yearbook, please put in an order with the front office. Pre-payment of $25.00 needs to be paid when you put in your order.

Lyneham High School Second Hand Uniform Shop

Short sleeved tops, hooded jumpers, SEAL and Band t-shirts are available for sale

Prices from $5.00 to $15.00

For all orders, please email anne.flynn@ed.act.edu.au

Get Involved!

Dear Parents and Carers,

As you may already know our school is now recycling mobile phones with Australian Mobile Recycling.

For every mobile phone our school collects we will receive $3.00 cash.

We are asking all students, families and friends to dig out any working or non-working mobile phones you have and send them in to school with your child.

Australian Mobile Recycling recommends to all persons sending in phones to restore your phone to factory settings and remove any sim cards or memory cards. If you do not know how to do this or simply forget do not panic as all phones will be wiped of all data and any sim cards or memory cards that have been left in phones will be destroyed.
Our School will be participating in the Right Here Right Now art project to celebrate the 25th Anniversary of the Convention on the Rights of the Child

This project is an initiative of the ACT Children & Young People Commissioner, supported by the Education and Training Directorate.

Every student in Canberra is being invited to create their own self-portrait in one of a rainbow spectrum of colours and to include a message about why it is important for adults to listen to children and young people, or their own message they would like to share with the community. Portraits will generally be created at school, but students may wish to work further on them at home. No names or identifying information will be included on the self portraits and participation is voluntary.

The self-portraits and messages will be attached to thousands of cardboard boxes, which will be used as building blocks for a large-scale art installation in Civic Square for Youth Week 2015. The installation will be a maze in the form of a fingerprint, symbolising children and young people leaving their mark on the city, and the unique contribution of each child and young person in the ACT.

As well as providing their self-portraits and messages, students and their families will also have the chance to participate in the construction of the installation, as part of a fun and interactive event on 9 April 2015. The installation will then be opened to the public in a formal launch on Friday 10 April 2015, and will remain on display for public viewing over the weekend. The installation will be documented in a short film. More information about the project is available on the website at www.ACTkids.act.gov.au

The Commissioner is also seeking volunteers to assist with the creation of the installation
If you are interested please contact Alasdair Roy or Gabrielle McKinnon on 6205 2222 or email ACTkids@act.gov.au
CYBER SEXPLOITATION OF YOUNG PEOPLE
Monday 24 November at 6.30pm at Dickson College
A special parent’s forum presented by author and speaker

Melinda Tankard Reist
Have you noticed your kids seem to be growing up too fast, more conscious than ever about their looks and bodies? That even younger children are more anxious and worried about their physical appearance? That they are being exposed to sexualised images and messages which make them feel pressured to look thin and sexy? And that their childhoods are increasingly commercialised?

Children and young people are bombarded with hyper-sexualised messages and images in media, billboards, toys, games, magazines and clothing. Many authorities believe this exposure is contributing to an environment which is increasingly harmful to our kids, by presenting their value in terms of their looks and sexual attractiveness. Negative physical and mental health outcomes include anxiety, depression, self-harm, eating disorders, low self-esteem and poor academic performance.

Drawing from current research on the subject, Melinda will take us on a ‘pop culture’ tour, exploring with us how the proliferation of sexual imagery is contributing to a distorted view of bodies, relationships and sexuality in young people and hampering our ability to help raise happy, healthy, resilient kids. What can we do to address this?

Melinda Tankard Reist (www.melindatankardreist.com) is an author, speaker, advocate and co-founder of the grassroots campaign, Collective Shout: for a world free of sexploitation (www.collectiveshout.org).

The forum will be followed by a Q&A. Gold coin donation

Jointly organised by Lyneham and Campbell High School and Dickson College P&C Associations
ACT SECONDARY BURSARY SCHEME

DO YOU HAVE CHILDREN IN HIGH SCHOOL?

The ACT Secondary Bursary Scheme can provide ACT residents on low incomes with

Eligibility: Holders of a Pensioner Concession Card or a Health Care Card with means tested ‘payment codes’
- see application form for more details

APPLY NOW

ACT EDUCATION AND TRAINING DIRECTORATE
Secondary Bursary Scheme
Hedley Beare Centre for Teaching and Learning
GPO Box 158 CANBERRA CITY ACT 2601

Application forms are available at all high schools, colleges, Centrelink Regional Offices and online at

Enquiries: 6205 8262