

HEALTHY KIDS

Lyneham High school

TERM 1 2018



SANDWICHES, ROLLS & WRAPS

IN THE FRIDGE ON DISPLAY
(ASSORTED PRICES)

TOASTED SANDWICHES

CHICKEN, CHEESE & AVOCADO	\$4.50
CHICKEN, CHEESE & TOMATO	\$4.50
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SALAD

ASSORTED SALADS IN FRIDGE \$4.50

CHICKEN CEASAR SALAD

SALAD LEAVES, CHICKEN, CHEESE & CROUTONS

GARDEN SALAD

SALAD LEAVES, CUCUMBER, TOMATO, CARROT & CHEESE

PESTO PASTA SALAD

NUT FREE

VIETNAMESE NOODLE SALAD

CHICKEN OR VEGGIE

DRINKS

WATER - 600ml	\$2.00
MT FRANKLIN SPARKLING WATER	\$3.00
JUICE APPLE OR TROPICAL	\$2.00
PLAIN MILK - 300ml	\$2.00
-500ml	\$3.00
DARE FLAVOURED - 300ml	\$3.00
CHOCOLATE OR STRAWBERRY - 500ml	\$4.50
GLEE – LIGHTLY SPARKLING JUICE	
BLACKCURRENT, TROPICAL OR RASPBERRY	\$3.00

SNACKS

PIECE OF FRUIT	\$1.50
CHEESE AND CRACKERS	\$2.50
POPCORN (KOALA)	\$2.00
YOGHURT (ASSORTED FLAVOURS)	\$2.50
VEGGIE STICKS AND HOMOUS	\$2.50
BANANA BREAD	\$1.50
WHOLE GRAIN BITES- PIZZA, BURGER, CHEESE	\$1.50



HOT MEALS - Canteen Made

WARM CHICKEN ROLL

WARM CHICKEN ON A FRESH ROLL WITH MAYO \$5.00

BURGERS

BEEF, CHICKEN OR VEGGIE PATTIE WITH LETTUCE & TOMATO \$5.00

PIZZA

CHICKEN & PINEAPPLE OR MARGHERITA \$5.00

MEATBALL SUB

BEEF MEATBALLS, RICH TOMATO SAUCE, CHEESE ON A FRESH ROLL \$5.00

DAILY SPECIAL- SEE BLACKBOARD \$5.00

HEALTHY KIDS

MISSION STATEMENT: "To promote and influence healthy food choices for children"